



## Information Update

### [Meet Webpage](#)

#### **11/12 & 13/14 Preliminary Sessions Combined**

Due to the number of athletes entered in the meet and the change in COVID restrictions since the meet announcement was published, the Leadership Team decided to combine the two preliminary sessions into a single session each morning. We feel this will provide the best format possible for all athletes participating in the meet.

#### **Estimated Timelines:**

- Wednesday: (warmup schedules will be sent NLT Friday, July 30)
  - Prelims: Competition starts at 8:15 am
  - 10 & U Timed Finals: Competition starts at 1:15 pm
  - Finals: Warmups start at **4:00 pm**; Competition starts at **5:00 pm**
- Thursday - Saturday:
  - Prelims: Competition starts at 8:15 am
  - 10 & U Timed Finals: Competition starts at 1:00 pm
  - Finals: Warmups start at **4:00 pm**; Competition starts at **5:00 pm**

#### **COVID Protocols:**

At the present time Virginia does not have mandatory screening procedures, facility capacity limits, or a mask mandate in place. However, with recent changes to the CDC guidelines that could change between now and the end of the meet. That said, we advise spectators and meet participants to come prepared with masks just in case. If changes are made to requirements, we will inform Team Managers.

#### **Tuesday Warmups:**

The schedule for Tuesday warmups is attached. Let me know as soon as possible if your assigned time is different than what you requested. Please also notice that a time has been assigned for team pictures. (More information about pictures is included below.)

#### **Links:**

- Timers: LSCs will be asked to provide two timers per session. Individuals may sign up to time by going to <https://forms.gle/RdE1rThAtepk17Dh8>
- Spectator Tickets: Passes may be purchased in advance at: <https://www.eventbee.com/v/usa-swimming-lc-eastern-zones/event?eid=178290402#/tickets>  
Tickets will be available at the door until the venue is sold out.

#### **Scratches & Positive Check-Ins:**

- Scratches from finals will be handled electronically by sending an email to [vsiscratch@gmail.com](mailto:vsiscratch@gmail.com).

- Results for each event will be available through Meet Mobile. Results with scratches from finals will also be posted at <https://www.teamunify.com/team/va/page/system/res/125355>.
- Positive check-ins are only required for the 400 IM and 400/800/1500 freestyles. Check-ins can be sent to the [vsiscratch@gmail.com](mailto:vsiscratch@gmail.com) email or can be marked on sheets that will be available at the Admin Table.

### **Awards:**

Awards will be presented to athletes this year instead of being distributed to the teams. At the conclusion of each individual event in finals as well as in the 10&U sessions, award winners will be announced and medals presented directly behind the blocks at the start end of the pool.

### **Photographer:**

ProSwim Visuals will once again serve as the photographer for the meet. This year they have the capability to take individual pictures and then merge them into a team picture to avoid the issue of maintaining appropriate distancing! They will be set up to take these individual shots on Tuesday afternoon during open warmups but can also accommodate any athletes who may come later to the meet. A flyer with more information is attached and the link to order prints is:

[https://proofing.proswimvisuals.com/sytist/meet\\_landing\\_pages/2021\\_eastern\\_zone\\_age\\_group\\_championships/](https://proofing.proswimvisuals.com/sytist/meet_landing_pages/2021_eastern_zone_age_group_championships/)

### **Kings Dominion Passes:**

The Richmond Tourism Bureau has worked with King Dominion Theme Parks to offer a free three day admission pass to athletes attending Zones as well as reduced price admission for additional family members and free parking. A flyer with additional information is attached. If you want to offer this opportunity to your athletes and their families, the Zone Team Manager should submit a spreadsheet with each athlete's first name, last name, an email address, and zip code to [adam.kennedy@swmrichmond.org](mailto:adam.kennedy@swmrichmond.org) in order receive tickets.



## Tuesday Warmup & Team Picture Schedule

<u>Team</u>	<u>Number of Swimmers</u>	<u>Picture Time</u>	<u>2:00 - 3:00</u>	<u>4:00-5:00</u>	<u>5:00-6:00</u>	<u>6:00-7:00</u>	<u>7:00-8:00</u>
Virginia	75	1:30	75				
Potomac Valley	74		Warming up at home pools.				
Metropolitan	61	6:00					61
Adirondack	27	4:30			27		
Middle Atlantic	63	3:30		63			
New Jersey	57	5:15				57	
Allegheny Mountain	47	4:45			47		
Connecticut	62	6:15					62
New England	48	5:30				48	
Niagra	16	6:30					16
Maine	8	6:30					8
	538		75	63	74	105	147

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SAMPLE IMAGES

## PRE-MEET / GENERAL INFO

- Zone Team Pictures will be composited digitally from individual athlete photographs – see samples above.
- Zone Team Pictures and Individual Portraits are 8"x10" prints with the official meet logo and are \$25 and \$20 respectively. Orders are placed online and fulfilled by direct mail to athletes' homes. Shipping is \$5.95.
- Teams for which 10 or more athletes order a Zone Team Picture will receive a free Zone Team Picture for each coach and the head chaperone.

## AT ZONES

- All teams participating in the Zone Meet will have a scheduled picture time in the designated team picture area, which will have multiple photo stations.
- Teams should arrive wearing team shirts and/or warm-ups five minutes prior to their scheduled picture time.
- Each athlete will be photographed twice in short succession: once straight-on with hands behind the back for the LSC Zone Team Picture, once at an angle with hands on hips for a Zone Individual Portrait.
- After being photographed, athletes should proceed to warmups or other designated team gathering place

For questions or to coordinate bulk team orders, please contact:

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# Kings Dominion & Soak City



## STAY AND PLAY AT KINGS DOMINION

Welcome athletes! We are thrilled to take your experience to higher heights at Kings Dominion.

We are excited to announce our Stay and Play program for 2021, where all athletes in one of our partnering tournaments will receive a **FREE 3-Day Admission ticket to the park!** We look forward to welcoming all athletes and families to relax and unwind on our coasters or at Soak City during your down time at the tournament.

All players will receive a complimentary 3-Day Admission ticket via email approximately 10 days before your tournament start date.

Friends and Family may purchase tickets through the store below.

**Please Note: These exclusive rates must be purchased online in advance, and will not be available at the front gate.**

[kingsdominion.com/save](https://www.kingsdominion.com/save)

Username: **KDSPORTS** Password: **KDSPORTS**

**ROOM TO PLAY!** We have 400 acres packed with fun for the whole family

**SOMETHING FOR EVERYONE!** With more than 60 rides, shows and attractions, there is something for thrill-seekers and families alike

**SPLISH-SPLASHING FUN!** Our all-inclusive, 20-acre Soak City water park is sure to cool you down on hot days. Soak City is only available on select days, so be sure to check to check the calendar before your visit!

For Kings Dominion and Soak City hours, please visit [kingsdominion.com/explore/calendar-and-hours](https://www.kingsdominion.com/explore/calendar-and-hours)



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**For more information on our Youth Sports Stay and Play program, please email [youthsales@kingsdominion.com](mailto:youthsales@kingsdominion.com) or call 804-876-5710.**