

**ATTACHMENT F  
EASTERN ZONE A. G. CHAMPIONSHIPS LONG COURSE RECORDS – Oct 2023**

**10 & Under**

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
05	Lia Neal	MR	28.59	50 m. free	28.37	NJ	Timothy Lee	18
15	Zoe Skirboll	AM						
15	Zoe Skirboll	AM	1:02.95	100 m. free	1:03.19	VA	Thomas Heilman	17
10	Isabella Rongione	PV	2:19.01	200 m. free	2:19.30	CT	Anthony Robinson	90
16	Courtney Watts	PV	4:49.46	400 m. free	4:52.66	MA	Joey Tepper	12
04	Elizabeth Pelton	CT	32.88r	50 m. back	32.93	PV	Brett Feyerick	13
97	Abigail Iler	MD	1:10.98	100 m. back	1:13.65	MR	Josh Charnin-Aker	00
15	Zoe Skirboll	AM	36.16	50 m. breast	36.52	CT	Matt Limbacher	10
05	Annie Zhu	MR	1:19.69	100 m. breast	1:21.61	PV	Charlie Greenwood	17
97	Hee Jin Chang	NE	30.04	50m. fly	30.71	NJ	Timothy Lee	18
14	Joy Jiang	MR	1:08.67	100 m. fly	1:08.96	NJ	Timothy Lee	18
97	Abigail Iler	MD	2:33.08	200 m. I.M.	2:33.91	NJ	Timothy Lee	18
05	Metropolitan, Cho, Friese, Neal, Zhu	MR	2:01.00	200 m. free relay	1:59.98	NJ	New Jersey J. Lee, W. Lee Moore, T. Lee	18
05	Metropolitan Cho, Neal, Friese, Zhu	MR	4:28.51	400 m. free relay	4:27.56	NJ	New Jersey J. Lee, W. Lee, Moore, T. Lee	18
05	Metropolitan Cho, Zhu, Chan, Neal	MR	2:16.32	200 m. med. relay	2:15.28	NJ	New Jersey Baltaytis, Lee Choe, Kudenzel	16
14	Metropolitan Guarino, Ott, Jiang, Collmar	MR	5:01.48	400 m. med. relay	4:59.67	MA	Middle Atlantic Estep, Chen, Kidder, Magill	17

**11-12**

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
18	Lainey Mullins	MA	26.98	50 m. free	25.51	CT	Greg Pelton	03
16	Meghan Lynch	CT	58.83	100 m. free	55.04	MA	Destin Lasco	14
16	Meghan Lynch	CT	2:07.23	200 m. free	2:02.80	NJ	Dare Rose	15
08	Gillian Ryan	MA	4:30.70	400 m. free	4:22.34	MD	Joe Curreri	93
23	Delaney O'Toole	AM	30.60	50 m. back	28.52	MA	Destin Lasco	14
19	Zuri Ferguson	NE	1:05.72	100 m. back	1:00.81	MA	Destin Lasco	14
18	Olivia Chow	NJ	2:22.57	200 m. back	2:10.39	MA	Destin Lasco	14
17	Joyce Wu	PV	33.50	50 m. breast	32.09	AD	Brayden Henkel	18
16	Zoe Skirboll	AM	1:13.74	100 m. breast	1:10.11	NJ	Ian Liu	14
16	Meghan Lynch	CT	2:35.97	200 m. breast	2:29.96	NJ	Paul DeGrado	14
16	Zoe Skirboll	AM	28.78	50 m. fly	27.04	NJ	Dare Rose	15
21	Audrey Derivaux	MA	1:04.30	100 m. fly	1:01.37	NJ	Dare Rose	15
13	Gabriel Zhang	PV	2:22.45	200 m. fly	2:15.61	NJ	Dare Rose	15
16	Megan Lynch	CT	2:19.19	200 m. I.M.	2:15.33	MA	Destin Lasco	14
14	Metropolitan Regenauer, Bosse, Competello, Douglass	MR	1:50.54	200 m. free relay	1:47.30	NJ	New Jersey Baltaytis, E. Lee, Peterson, Ellis	18
18	Middle Atlantic Bockrath, Padilla, Colborn, Lainey	MA	4:04.66	400 m. free relay	3:54.86	CT	Connecticut Cavnor, Lewis, Piccin, Haley	19
18	Middle Atlantic Oyerly, Tegler, Colburn, Mullins	MA	2:02.86	200 m. med. relay	1:58.11	NJ	New Jersey Horkan, Fallon, Rose, Alexy	15
15	Connecticut Lenoce, Lynch, S. Smith, Tyler	CT	4:31.50	400 m. med. relay	4:21.35	MA	Middle Atlantic Lasco, Octaviano, Chiu, Gallagher	14

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13-14

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
18	Alayna Gray	AD	26.52	50 m. free	24.08	MA	David Curtiss	16
08	Kaitlin Jones	VA	58.57	100 m. free	53.90	AM	Jackson Edwards	23
18	Cather Meisner	NJ	2:05.79	200 m. free	1:56.67	MA	Cody Weik	03
18	Cather Meisner	NJ	4:25.50	400 m. free	4:11.01	MA	CodyWeik	03
08	Kaitlin Jones	VA	9:06.36	800 m. free	8:32.33	MD	Eegan Groome	06
08	Taylor O'Brien	MA	17:27.94	1500 m. free	16:12.60	MD	Eagan Groome	06
13	Caroline Gmelich	NJ	1:04.98	100 m. back	58.89	AM	Jackson Edward	23
19	Zoey Griffin	NI	2:20.38	200 m. back	2:08.74	MR	Denys Mialkovskyi	21
16	Jessica Whang	MR	1:13.22	100 m. breast	1:06.37	NI	Jon Roberts	02
13	Miranda Bacon	AD	2:38.22	200 m. breast	2:23.95	CT	Aj Bornstein	14
19	Amanda Witkus	NE	1:03.38	100 m. fly	57.49	VA	William Browne	21
05	Felicia Lee	NJ	2:19.40	200 m. fly	2:07.98	NE	David Sapozhnikov	21
22	Martyna Kaps	MR	2:22.54	200 m. I.M.	2:10.06	NI	Jon Roberts	02
21	Erica Maltsev	NJ	5:00:58	400 m. I. M.	4:38.85	NI	Jon Roberts	02
18	New England Chokureva, Reich, Martino, Amuan	NE	1:48.88	200 m. free relay	1:40.34	VA	Virginia Browne, Lutz, Griffith, Puzon	21
18	New England Amuan, Martino, Feich, Chokureva	NE	3:59.34	400 m. free relay	3:39.90	MA	Middle Atlantic Rose, Euker, Franks, Muminovic	23
18	New England Novinsky, Spencer Song, Martino	NE	2:01.93	200 m. med. relay	1:51.51	PV	Potomac Valley Mettler, Dawson, Jungbluth, Wang	23
16	Metropolitan Guirre, Whang, Rinn, Bonvissuto	MR	4:27.20	400 m. med. relay	4:04.12	MA	Middle Atlantic Deppen, Park, Armbruster, Clark	17

15-18 – NO LONGER PART OF THE AGE GROUP ZONE MEET

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
04	Rebecca Kane	NJ	26.90	50 m. free	24.18	MR	Chris Gahn	01
19	Grace Wenger	NE	58.73	100 m. free	52.97	NJ	Brian Stiles	12
19	Grace Wenger	NE	2:06.76p	200 m. free	1:56.52	VA	Logan Burton	13
01	Kiers. Koronowicz	MR	4:26.39	400 m. free	4:08.18	VA	Jerry Burton	12
01	Kiers. Koronowicz	MR	9:10.08	800 m. free	8:32.98	NI	Kai Wisner	15
01	Kiers. Koronowicz	MR	17:32.42	1500 m. free	16:17.88	NE	Drew Ledwith	10
13	Alyssa Bixler	MA	1:05.62	100 m. back	59.30	NE	Jack Wadsworth	17
12	Maddy Thomas	MA	2:21.17	200 m. back	2:07.58	PV	Chris Murphy	13
12	Nicole Papsco	MR	1:14.13	100 m. breast	1:07.04	PV	Ryan Hurley	01
01	Heather Davidson	MA	2:40.47	200 m. breast	2:22.38	PV	Ryan Hurley	01
14	Carrie Heilbrun	PV	1:03.70	100 m. fly	57.32	MR	Everet Vasquez	09
01	Michelle Ryan	MR	2:19.20	200 m. fly	2:05.68	NJ	Dorian Delamare	01
12	Nicole Papsco	MR	2:23.42	200 m. I.M.	2:11.39	VA	Jared Lovett	08
12	Kathry Painter	AM	5:00.59	400 m. I.M.	4:38.59	MR	Roger Dent	06
07	Allegheny Mtn. Harter, Shields, Lin, Gibbon	AM	1:50.48	200 m. free relay	1:37.87	PV	Potomac Valley Dufresne, Fishman, Kreitler, Scheren	02
15	New England Sarbacz, Govell, Ford Bankes	NE	4:00.66	400 m. free relay	3:37.74	AM	Allegheny Mountain Folz, Tretter, Gausti, Gregory	13
14	New Jersey Alexy, Iizuka, Slepian, Malinowski	NJ	2:02.11	200 m. med. relay	1:49.18	PV	Potomac Valley Cumberland, Rowe, Cooper, Pins	14
08	Potomac Valley Macedonia, Winland, Jacoby, McMullan	PV	4:31.06	400 m. med. relay	4:01.89	PV	Potomac Valley Cumberland, Rowe, Cooper, Touve	14