

**Unofficial Time Line for Preliminary Sessions**

**2017 EZ-South Speedo Sectional**

**Christiansburg VA**

**March 30-April 2 2017**

Thursday, March 30, 2017			Sunday, April 2, 2017				
	heats	Time		entries	heats		
1	W 1650 Free	2	4:30 PM	27	W 200 Free Relay	3	9:00 AM
2	M 1000 Free	5		28	M 200 Free Relay	3	9:06 AM
Estimated Session End			5:59 PM	Break- 5 Min			
-Heats-Slow to Fast Not Alter				31	W 200 Back	9	9:17 AM
				32	M 200 Back	10	9:46 AM
<b>Friday, March 31, 2017</b>				33	W 100 Free	12	10:15 AM
	heats	Time					
3	W 200 Free	9	9:00 AM	34	M 100 Free	13	10:32 AM
4	M 200 Free	10	9:21 AM	35	W 200 IM	11	10:49 AM
5	W 100 Breast	10	9:44 AM	36	M 200 IM	12	11:19 AM
6	M 100 Breast	11	10:00 AM	Break- 5 Min			
7	W 100 Fly	11	10:17 AM	37	W 400 Medley Relay	4	11:53 AM
8	M 100 Fly	14	10:33 AM	38	M 400 Medley Relay	4	12:12 PM
9	W 400 IM	7	10:53 AM	Estimated Session End			<b>12:29 PM</b>
10	M 400 IM	7	11:29 AM	Distance			
Break- 5 Min				29	W 1000 Free	2	3:16 PM
11	W 800 Free Rela	2	12:07 PM	30	M 1650 Free	3	
12	M 800 Free Relay	2	12:24 PM	Estimated Session End			<b>4:30 PM</b>
Estimated Session End			<b>12:40 PM</b>				
<b>Saturday, April 1, 2017</b>				<b>Note:</b> Shaded areas are Pre Scratch			
	heats	time		Un Shaded are Post Scratch			
13	W 200 Medley Rε	4	9:00 AM	*	Scratch box for next day's event closes at		
14	M 200 Medley Rε	4	9:10 AM	*	6:30 PM Except Friday events - 5:00 PM Thur		
Break- 5 Min				*	All event start times are estimates! Plan based		
15	W 200 Fly	9	9:24 AM		on meet progress.		
16	M 200 Fly	10	9:49 AM	*	400 IM and 500 Free will swim fastest 4 heats		
17	W 50 Free	15	10:14 AM		slow to fast then the remaining heats will be		
18	M 50 Free	13	10:27 AM	*	swam fast to slow alter W/M. The M500 will be		
19	W 200 Breast	9	10:39 AM		swam in Pool 2.		
20	M 200 Breast	9	11:06 AM	*	SUN Dist- Fastest heat of each swim in Finals.		
21	W 100 Back	10	11:30 AM		Prelim-swam slow-fast alter W/M		
22	M 100 Back	12	11:50 AM	*	Relays- 200s, 400s and 800 fastest 2 heats		
23	W 500 Free	5	12:13 PM		swim at Finals		
Break- 5 Min				*	AM- Sunday Relays and Dist. can choose to		
25	W 400 Free Rela	4	12:46 PM		swim in Prelims		
Estimated Session End			<b>1:03 PM</b>				
<b>Pool 2</b>							
24	M 500 Free	7	12:18 PM				
Break- 5 Min							
26	M 400 Free Relay	3	1:00 PM				
Estimated Session End			<b>1:13 PM</b>				