

**2019 Eastern Zone Speedo Sectionals - North Region**  
**Ithaca, NY**  
**Friday, March 29, 2019**  
**Finals Time Line**

	<b>National Anthem</b>		5:26 PM
Event # 5	Women's 200 Yard Medley Relay	Heat 5 Heat 6	5:30 PM
Event # 6	Men's 200 Yard Medley Relay	Heat 5 Heat 6	5:35 PM
Event # 7	Women's 200 Yard Freestyle	D Final Bonus Final Consolation Championship	5:40 PM
Event # 8	Men's 200 Yard Freestyle	D Final Bonus Final Consolation Championship	5:52 PM
Event # 9	Women's 100 Yard Breaststroke	D Final Bonus Final Consolation Championship	6:03 PM
Event # 9	Women's 100 Yard Breaststroke	D Final Bonus Final Consolation Championship	6:12 PM
Event #11	Women's 100 Yard Butterfly	D Final Bonus Final Consolation Championship	6:21 PM
Event #12	Men's 100 Yard Butterfly	D Final Bonus Final Consolation Championship	6:29 PM
Event #13	Women's 100 Yard Backstroke	D Final Bonus Final Consolation Championship	6:36 PM
Event #14	Men's 100 Yard Backstroke	D Final Bonus Final Consolation Championship	6:45 PM
Event #15	Women's 500 Yard Freestyle	D Final Bonus Final Consolation Championship	6:53 PM
Event #16	Men's 500 Yard Freestyle	D Final Bonus Final Consolation Championship	7:17 PM
	<b>End of Session</b>		7:41 PM

**\*\* Relay Cards Due at 5:00 PM for the 200 Medley Relay \*\***  
**\*\* Scratches for Saturday Prelims are due by 6:00 PM \*\***

# 2019 Eastern Zone Speedo Sectionals - North Region

Ithaca, NY

Saturday, March 30, 2019

Finals Time Line

<b>National Anthem</b>			5:26 PM
Event #27	Women's 1000 Yard Freestyle	Heat 4	5:30 PM
Event #17	Women's 200 Yard Butterfly	D Final	5:43 PM
		Bonus Final	
		Consolation	
Event #18	Men's 200 Yard Butterfly	Championship	
		D Final	5:56 PM
		Bonus Final	
		Consolation	
Event #19	Women's 50 Yard Freestyle	Championship	
		D Final	6:08 PM
		Bonus Final	
		Consolation	
Event #20	Men's 50 Yard Freestyle	Championship	
		D Final	6:14 PM
		Bonus Final	
		Consolation	
Event #21	Women's 200 Yard Breaststroke	Championship	
		D Final	6:20 PM
		Bonus Final	
		Consolation	
Event #22	Men's 200 Yard Breaststroke	Championship	
		D Final	6:34 PM
		Bonus Final	
		Consolation	
Event #23	Women's 400 Yard Individual Medley	Championship	
		D Final	6:47 PM
		Bonus Final	
		Consolation	
Event #24	Men's 400 Yard Individual Medley	Championship	
		D Final	7:10 PM
		Bonus Final	
		Consolation	
		Championship	
	<b>BREAK (10 min)</b>		7:31 PM
Event #25	Women's 400 Yard Freestyle Relay	Heat 4	7:41 PM
		Heat 5	
Event #26	Men's 400 Yard Freestyle Relay	Heat 4	7:51 PM
		Heat 5	
	<b>End of Session</b>		7:59 PM

**\*\* Relay Cards Due at 6:30 PM for the 400 Freestyle Relay \*\***

**\*\* Scratches for Sunday Prelims are due by 6:00 PM \*\***

**2019 Eastern Zone Speedo Sectionals - North Region**  
**Ithaca, NY**  
**Sunday, March 31, 2019**  
**Finals Time Line**

	<b><i>National Anthem</i></b>		5:26 PM
Event #28	Men's 1650 Yard Freestyle	Heat 3	5:30 PM
Event #29	Women's 200 Yard Freestyle Relay	Heat 5	5:48 PM
		Heat 6	
Event #30	Men's 200 Yard Freestyle Relay	Heat 4	5:53 PM
		Heat 5	
Event #31	Women's 200 Yard Backstroke	D Final	5:59 PM
		Bonus Final	
		Consolation	
		Championship	
Event #32	Men's 200 Yard Backstroke	D Final	6:11 PM
		Bonus Final	
		Consolation	
		Championship	
Event #33	Women's 100 Yard Freestyle	D Final	6:24 PM
		Bonus Final	
		Consolation	
		Championship	
Event #34	Men's 100 Yard Freestyle	D Final	6:31 PM
		Bonus Final	
		Consolation	
		Championship	
Event #35	Women's 200 Yard Individual Medley	D Final	6:39 PM
		Bonus Final	
		Consolation	
		Championship	
Event #36	Men's 200 Yard Individual Medley	D Final	6:52 PM
		Bonus Final	
		Consolation	
		Championship	
	<b><i>BREAK (10 min)</i></b>		7:04 PM
Event #37	Women's 400 Yard Medley Relay	Heat 5	7:14 PM
		Heat 6	7:19 PM
Event #38	Men's 400 Yard Medley Relay	Heat 4	7:24 PM
		Heat 5	7:28 PM
	<b><i>Individual High Point Awards</i></b>		7:33 PM
	<b><i>Team Awards</i></b>		7:37 PM
	<b><i>End of Session</i></b>		7:43 PM

\*\* Relay Cards Due at 5:00 PM (200 FR) and 6:00 PM (400 MR) \*\*  
 \*\* Thank You attending the 2019 Speedo Sectionals \*\*