

RACE SCHEDULE *last revised 6/20/22*

5K & 2.5k Championship:

- RACE REQUIRE Check-In between 6:00-7:00a.m. (participation will be revoked without refund if late to registration).
- Pre-Race Briefing Mandatory will be held at 7:15am held at the start of the race course

Mini Championship:

- RACES REQUIRE Check-In between 7:45-8:30am. (participation will be revoked without refund if late to registration).
- Pre-Race Briefing Mandatory will be held at 9:00am held at the start of the race course

Schedules and wave assignments are subject to change depending on number of entries and local conditions.

2.5K EZ Championship and CT Championship

- Wave 1: 7:30 am – Male Swimmers Ages 13 to 14**
- Wave 2: 7:35am – Female Swimmers Ages 13 to 14**
- Wave 3: 7:40 am – Male & Female Swimmers Ages 15 to 16**
- Wave 4: 7:45 am – Male & Female Swimmers Ages 11 to 12**
- Wave 5: 7:50 am – Female & Male Swimmers Ages 17 & Older**

5K Championship (Eastern Zone Junior National Selection Event)

- Wave 1: 8:15 am – Male Swimmers**
- Wave 2: 8:20 am- Female Swimmers**

750 Mini Championship

- Wave 1: 10:00 am-Female Ages 12 and Under**
- Wave 2: 10:05 am- Male Ages 12 and Under**

Qualification of the Junior National Open Water Championship

2023 USA Swimming Open Water Junior National Championships

7.5K Qualification

➤ Finished in the top 10 at the 2022 USA Swimming 5K Open Water Zone Championships (Open Division Only).

**** 5K Qualification**

➤ Finished in the top 10 at the 2022 USA Swimming 5K Open Water Zone Championships (Open Division Only).

* * The “Open” Division of the 5K Open Water Zone Championships will be the only event used for the qualification towards USA Swimming’s National Level Events. Qualification from age group events will not be allowed.