

**EASTERN ZONE SWIMMING
TECHNICAL PLANNING MEETING**

Friday, April 12, 2019
Bethlehem, PA

AGENDA

1. Call to order
2. Additions to agenda
3. Reading, correction and adoption of minutes – **posted on line**
4. Reports of 2019 EZ Winter Championship Meet Hosts
 - i) South Region Sectional SCY Meet - attached
 - ii) North Region Sectional SCY Meet - attached
 - iii) Super Sectional LCM Meet
 - iv) Winter Age Group Zone Champs
5. 2019 Summer LC Age Group Champs Standards - attached
6. 2019 Summer LC Zone Sr Champs Standards - attached
7. Age Group Championships discussion and proposals
8. Sectional Championships discussion and proposals
 - i) LC Supersectional guidance
 - ii) Discussion and Proposals regarding Sectional Meets
9. Review Meet Announcement Summer 2019 Summer LC Sectional Meet at Rutgers
10. Additions to the Agenda
11. Schedule next meeting – USAS Convention 2016
12. Adjournment

Eastern Zone SC Age Group Championship Meet:

In year 2 of the new format, the meet continues to evolve. Qualifying times seemed to help us come much closer to our target numbers.

Review following discussion points and proposals brought forward from EZ coaches:

1. Review announcement wording regarding "Times not in SWIMS".
 - a. Leads teams to think they can qualify and enter swimmers with times from non-USA meets. YMCA teams seem to be most affected.
2. Keep an LSC score aside of the individual team score. Give the trophy to the Team that collaborate more points. Certificates to the rest of the teams. Thoughts?
3. Late entry period for those already entered.
4. Swim all relays at Finals.
5. Swim Saturday Distance at the end of Prelims rather than at Finals. (Travel considerations)
6. Limit number of scoring relays per team?
7. Awards should equal number of lanes used in finals – eg: meet held in 10-lane pool should award 1 through 10.
8. Mark Faherty will make proposal for Mixed Relays
9. Mark Faherty proposal regarding eligible age groups for Zones. I do not have written proposal yet. But the generalities are:
 - a. Drop 15-18 age group from meet in order to increase opportunities for younger athletes.
 - b. Loosen cuts for 10-Under, 11-12 and 13-14 events, and allow for bonus events for all age groups.
 - c. Add a consolation final for 11-12, 13-14

Eastern Zone Speedo Sectional Meets:

Review following discussion points and proposals

1. 2020 SC Super Sectional/LC Sectionals
 - a. what kind of cuts do we need?
 - b. Will meet be raced in 2 courses?
 - c. 8 lanes/10 lanes?
2. Should we add 10-minute breaks after any relay that begins a session
 - a. 200 Free relays currently go right into the 200 backstroke, leaving female 200 backstrokers who swim relay at a distinct disadvantage.
 - b. Move 1650 after night relays
3. Will Chidsey's proposal regarding event order. Do not have written proposal yet, but Will will be proposing a change in the event order for the Sectional meets
4. Proposal from Tim Husson regarding relay check-in. (attached)

Proposed Meet Order for EZ Sectionals (Will Chidsey)

Thursday

1650 Free

1000 Free

800 Free Relay

Friday

~~200 Medley Relay~~

200 Free

100 Breast

~~100 Back~~

100 Fly

~~500 Free~~ 400 IM

400 Free Relay

Saturday

200 Medley Relay

200 Fly

50 Free

200 Breast

100 Back

~~400 IM~~ 500 Free

~~400 Free Relay~~

~~1000 Free~~

Sunday

200 Free Relay

200 Back

100 Free

200 IM

400 Medley Relay

1650 Free

1000 Free

The following is data requested by Mark F regarding his proposal for a change in age-group representation at EZ Age Group meet.

Athlete representation at 2019 Eastern Zone Winter meets by age:

Meet	10-Under	11-12	13-14	15-18	15-16
2019 AG Zones • 815	207 Swimmers • 113 boys • 94 girls	277 swimmers • 141 boys • 136 girls	160 swimmers • 67 boys • 93 girls	171 swimmers • 97 boys • 74 girls	115 swimmers • 59 boys • 56 girls
2019 SC Speedos North (Ithaca) • 760		3 swimmers • 3 girls	96 swimmers • 23 boys • 73 girls	643 swimmers • 313 boys • 330 girls	359 swimmers • 165 boys • 194 girls
2019 SC Speedos South (VA Tech) • 649		2 swimmers • 1 girl • 1 boy	68 swimmers • 15 boys • 53 girls	571 swimmers • 295 boys • 276 girls	330 swimmers • 151 boys • 179 girls
2019 LC Speedos (Buffalo) • 209		3 swimmers • 3 girls	29 swimmers • 2 boys • 27 girls	177 swimmers • 70 boys • 107 girls	98 swimmers • 38 boys • 60 girls
Total	207 Swimmers • 113 boys • 94 girls	285 swimmers • 142 boys • 143 girls	353 swimmers • 107 boys • 246 girls	1561 swimmers • 775 boys • 787 girls	902 swimmers • 413 boys • 497 girls

Eastern Zone SC Age Group Championship participation 2015-18 by age:

Age Group	2015 (boy/girl)	2016	2017	2018	2019
10-Under	183 (88/95)	180 (81/99)	136 (67/69)	226 (108/118)	207 (113/94)
11-12	234 (110/124)	232 (111/131)	187 (89/98)	282 (124/158)	277 (141/136)
13-14	161 (71/90)	168 (77/91)	150 (70/80)	190 (66/134)	160 (67/93)
15-18	115 (60/55)	114 (53/61)	110 (52/48)	230 (106/124)	171 (97/74)

Proposed Q-times for 2019 LC Eastern Zone Sr Champs

Red indicates a change in standard

WOMEN				MEN		
LCM	SCM	SCY	Events	SCY	SCM	LCM
28.69	27.89	25.09	50 Free	22.49	24.99	25.79
1:01.79	1:00.19	54.19	100 Free	49.29	54.39	55.99
2:12.89	2:09.69	1:56.79	200 Free	1:46.49	1:58.29	2:01.49
2:12.59	2:09.39	1:56.49				
4:41.59	4:35.19	5:10.39	400/500 Free	4:48.99	4:15.29	4:20.89
9:42.59	9:29.79	10:43.79	800/1000 Free	10:04.49	8:55.09	9:07.89
18:36.29	18:12.29	18:00.99	1500/1650 Free	16:47.49	16:58.49	17:22.49
1:08.39	1:07.19	1:00.49	100 Back	54.99	1:00.99	1:02.29
2:27.99	2:25.59	2:11.09	200 Back	1:59.19	2:13.49	2:15.89
1:18.59	1:16.59	1:08.99	100 Breast	1:02.39	1:09.29	1:11.29
2:50.79	2:46.79	2:30.19	200 Breast	2:16.19	2:31.19	2:35.19
1:07.39	1:05.99	59.39	100 Fly	53.99	59.99	1:01.39
2:30.29	2:27.99	2:13.99	200 Fly	2:01.39	2:14.89	2:17.69
2:29.99	2:27.69	2:13.69				
2:30.29	2:27.09	2:12.49	200 IM	2:00.59	2:13.89	2:17.09
2:29.69	2:26.49	2:11.89				
5:17.19	5:10.79	4:39.99	400 IM	4:16.89	4:44.99	4:51.39
5:22.09						
1:57.79	1:56.19	1:44.59	4 x 50 Free Relay	1:32.69	1:42.19	1:45.49
4:14.99	4:10.89	3:45.79	4 x 100 Free Relay	3:21.89	3:44.09	3:48.69
9:06.29	8:58.89	8:05.39	4 x 200 Free Relay	7:22.39	8:06.69	8:14.79
4:44.09	4:40.29	4:12.29	4 x 100 Medley Relay	3:46.99	4:15.59	4:19.69

Times achieved in sanctioned, approved or observed competition since January 1, 2018

2019 Summer Zone Bonus Qualifying Times 434 390 4456

WOMEN				MEN		
LCM	SCM	SCY	Events	SCY	SCM	LCM
29.39	28.59	25.79	50 Free	23.19	25.69	26.49
29.19	28.39	25.59				
1:03.19	1:01.59	55.59	100 Free	50.49	55.79	57.39
1:02.89	1:01.29	55.29		50.19	55.59	57.29
2:15.69	2:12.49	1:59.59	200 Free	1:49.29	2:01.09	2:04.29
2:14.89	2:11.69	1:58.79				
4:47.19	4:40.79	5:15.99	400/500 Free	4:54.59	4:22.09	4:27.69
9:42.59	9:29.79	10:43.79	800/1000 Free	10:04.49	8:55.09	9:07.89
18:36.29	18:12.29	18:00.99	1500/1650 Free	16:47.49	16:58.49	17:22.49
1:09.79	1:08.59	1:01.89	100 Back	56.39	1:02.39	1:03.69
2:30.79	2:28.39	2:13.89	200 Back	2:01.99	2:16.29	2:18.69
1:19.99	1:17.99	1:10.59	100 Breast	1:03.79	1:10.69	1:12.69
2:53.59	2:49.59	2:32.99	200 Breast	2:18.99	2:33.99	2:37.99
1:08.79	1:07.39	1:00.79	100 Fly	55.39	1:01.39	1:03.79
2:34.09	2:31.59	2:17.59	200 Fly	2:04.99	2:18.49	2:21.29
2:33.89	2:30.69	2:16.09	200 IM	2:04.19	2:17.49	2:20.69
2:33.09	2:29.89	2:15.29				
5:22.79	5:16.39	4:45.59	400 IM	4:22.49	4:50.59	4:56.69
5:25.09						

Times achieved in sanctioned, approved or observed competition since January 1, 2018