

AM	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
AM	Time Final	white	navy/shorts - trousers	white	white
Allegheny	CHAMP	white	navy/shorts - trousers	white	white
Mountain Allegheny Mountain does not require a change of clothes for finals or championships meets					

MA	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
MA	Time Final	white/w/collar	Navy/shorts - trousers	white	white
Middle	Finals	white/w/collar	Navy/Trousers/skirts	no clogs/sandals	
Atlantic Middle Atlantic requires trousers/longer skirts at indoor meets for finals					

ME	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
ME	Time Final	white	Navy/shorts - trousers	tennis/sandals	
Maine	CHAMP	white	Navy/shorts - trousers	same	
ME does not require a change of clothes at finals and sandals do not have to be white					

MD	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
MD	Time Final	white	navy/shorts - trousers	white	white
Maryland	Final	white	TROUSERS/SKIRT	white	white

MR	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
MR	Time Final	white	navy/shorts - trousers		white
Metropolitan	Final	white	navy/shorts - trousers		
MR does not require a change of clothes at finals.					

NE	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
NE	Time Final	white	navy/shorts - trousers	white	white
New England	CHAMP	white	Khaki/trousers/skirts	white	white
Champ Mts Khaki Trousers/skirt is the choice for all championship meet at finals					

NI	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
NI	Time Final	white	navy/shorts - trousers	white	white
Niagara	CHAMP	white	navy/trousers/skirts	white	white
Champ Mts - crocs can be worn if white					

NJ	PRELIM	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
NJ	Time Final	white	navy/shorts - trousers	crocs/tennis	
New Jersey	CHAMP	white	navy/shorts - trousers	crocs/tennis	
Trousers or longer skirt are referees choice for finals					

VA	PRELIMS	SHIRT	TROUSERS/SKIRT	SHOE	SOCKS
VA	Time Final	White/USA appr logo	navy/shorts - trousers	white	white
	Finals	Blue Polo/Hawaiian * Referee's choice	rest same of attire same as Champs		
Virginia	CHAMP	Lt Blue Oxford	Navy/trousers/skirts	white	white
Sandles can be worn with back strap - Logos correct size only on front of shirt, shorts must be knee length					