

**2015 Eastern Zone  
Speedo Long Course Sectionals  
March 26-29-2015**

**Unofficial Pre-Scratch Time Line for Prelim Sessions**

**Thursday, March 26, 2015**

1	W 1500 Free	4	5:00 PM
2	M 800 Free	4	6:16 PM

**Thursday Events End 7:00 PM**

**Friday, March 27, 2015**

3	W 200 Free	9	9:00 AM
4	M 200 Free	7	9:22 AM
5	W 100 Breast	6	9:39 AM
6	M 100 Breast	6	9:49 AM
7	W 100 Fly	7	9:58 AM
8	M 100 Fly	8	10:08 AM
9	W 400 IM	6	10:19 AM
10	M 400 IM	4	10:53 AM
	<b>10 Min. Break</b>		11:13 AM
11	W 800 Free Relay	1	11:23 AM
12	M 800 Free Relay	0	11:33 AM

**Friday Prelims End 11:33 AM**

**Saturday, March 28, 2015**

13	W 200 Medley Relay	2	9:00 AM
14	M 200 Medley Relay	1	9:05 AM
15	W 200 Fly	5	9:07 AM
16	M 200 Fly	5	9:22 AM
17	W 50 Free	10	9:35 AM
18	M 50 Free	8	9:43 AM
19	W 200 Breast	6	9:49 AM
20	M 200 Breast	5	10:08 AM
21	W 100 Back	10	10:22 AM
22	M 100 Back	6	10:38 AM
23	W 400 Free	8	10:48 AM
24	M 400 Free	6	11:27 AM
	<b>10 Min. Break</b>		11:55 AM
25	W 400 Free Relay	2	12:05 PM
26	M 400 Free Relay	1	12:14 PM

**Saturday Prelims End 12:19 PM**

**Sunday, March 29, 2015**

27	W 200 Free Relay	2	9:00 AM
28	M 200 Free Relay	1	9:04 AM
31	W 200 Back	10	9:06 AM
32	M 200 Back	5	9:36 AM
33	W 100 Free	9	9:49 AM
34	M 100 Free	8	10:02 AM
35	W 200 IM	8	10:12 AM
36	M 200 IM	6	10:34 AM
	<b>10 Min. Break</b>		10:50 AM
37	W 400 Medley Relay	3	11:00 AM
38	M 400 Medley Relay	1	11:18 AM

**Sunday Prelims End 11:23 AM**

**Sunday, March 29, 2015  
Afternoon Distance Free Heats**

29 & 30 W/M 800/1500\* 2:24 PM  
Slowest to fastest, alternating W/M as required  
Last heat ends @ 4:00 PM

*Top heats of Events 29 & 30 will be swum  
in Finals*

updated:  
3/23/2015

