

Unofficial Time Line for Preliminary Sessions
2019 Eastern Zone Speedo Sectionals - North Region
Ithaca, NY
March 28 - 31, 2019

| EVENT | HEATS | START TIME | EVENT | HEATS | START TIME |
|--|-------|------------|--------------------------------------|-------|------------|
| <u>Thursday, March 28, 2019</u> | | | <u>Friday, March 29, 2019</u> | | |
| 1 W 1650 Free | 4 | 4:30 PM | 5 W 200 Medley Relay | 4 | 8:30 AM |
| 2 M 1000 Free | 5 | 5:42 PM | 6 M 200 Medley Relay | 4 | 8:39 AM |
| BREAK | | 6:34 PM | 7 W 200 Free | 11 | 8:47 AM |
| 3 W 800 Free Relay | 4 | 6:44 PM | 8 M 200 Free | 11 | 9:12 AM |
| 4 M 800 Free Relay | 3 | 7:18 PM | 9 W 100 Breast | 11 | 9:35 AM |
| End of Session | | 7:41 PM | 10 M 100 Breast | 12 | 9:51 AM |
| Check -In Deadline for all Thursday events is 3:00 PM | | | 11 W 100 Fly | 13 | 10:08 AM |
| | | | 12 M 100 Fly | 15 | 10:25 AM |
| | | | 13 W 100 Back | 12 | 10:43 AM |
| | | | 14 M 100 Back | 11 | 11:03 AM |
| | | | 15 W 500 Free | 8 | 11:20 AM |
| | | | 16 M 500 Free | 7 | 12:04 PM |
| | | | End of Session | | 12:40 PM |
| <u>Saturday, March 30, 2019</u> | | | <u>Sunday, March 31, 2019</u> | | |
| 17 W 200 Fly | 9 | 8:30 AM | 29 W 200 Free Relay | 4 | 8:30 AM |
| 18 M 200 Fly | 9 | 8:52 AM | 30 M 200 Free Relay | 3 | 8:38 AM |
| 19 W 50 Free | 16 | 9:14 AM | 31 W 200 Back | 13 | 8:43 AM |
| 20 M 50 Free | 14 | 9:25 AM | 32 M 200 Back | 10 | 9:20 AM |
| 21 W 200 Breast | 11 | 9:35 AM | 33 W 100 Free | 15 | 9:47 AM |
| 22 M 200 Breast | 10 | 10:06 AM | 34 M 100 Free | 14 | 10:05 AM |
| 23 W 400 IM | 9 | 10:32 AM | 35 W 200 IM | 15 | 10:21 AM |
| 24 M 400 IM | 7 | 11:17 AM | 36 M 200 IM | 12 | 10:58 AM |
| BREAK | | 11:49 AM | BREAK | | 11:26 AM |
| 25 W 400 Free Relay | 4 | 11:59 AM | 37 W 400 Medley Relay | 4 | 11:36 AM |
| 26 M 400 Free Relay | 3 | 12:15 PM | 38 M 400 Medley Relay | 4 | 11:54 AM |
| End of Session | | 12:27 PM | End of Session | | 12:11 PM |
| <u>Saturday, March 30, 2019</u> | | | <u>Sunday, March 31, 2019</u> | | |
| 27 W 1000 Free | 3 | 3:57 PM | 28 M 1650 Free | 2 | 3:56 PM |
| End of Session | | 4:30 PM | End of Session | | 4:30 PM |

Version: 03/26/19 - 1:00 PM

Fastest Heat of events 27 (W 1000 Free and 28 (M 1650 Free) will swim as the 1st event in finals
**** Scratches for each days Prelims are due by 6:00 PM the prior evening****