#### Eastern Zone Meeting

#### May 7, 2016

The Spring meeting of the Eastern Zone was called to order at 10:00 am by the Zone Directors, Ed Dellert and Mary Turner. Members in attendance is attached.

Minutes of the September 2015 Annual Meeting, October 1, 2015 approved as presented.

Financial report was presented showing presented and approved, showing a balance of \$41,111.35.

**Finance Committee**: Rick Lewis, Finance Chair, reported the Zone was in good shape going forward for any review cases. \$5,000.00 was approved for Diversity and Inclusion. Travel for Zone Directors and Officials is also included in the budget.

Agenda was approved with no additions.

#### **Report of Officers:**

- 1) **Zone Directors**: Mary Turner and Ed Dellert presented their report, which is included at the end of the minutes.
- 2) Technical Planning: Tristan Formon submitted his report and it is attached at the end.
  - Motion R1 was approved
  - Motion R2 was approved with amendment "other events may be swum at the discretion of the Meet Referee, who will also identify the maximum length of the time trial session."
  - List of Technical Planning Committee included.
  - Eastern Zone Task Force to discuss future of EZ Winter SC AG Championship formed.
- 3) **Zone Championship Coordinator** Bud Rimbault presented the attached schedule. Bids will awarded at convention.
- 4) **Zone Board of Review** Bud Rimbault some cases are moving forward in the review process in the next couple of weeks. Bud has met with USAS counsel.
- 5) Athlete Representative Ty Seymour
  - Athlete Leadership Workshop trying to determine the effectiveness of athlete reps National Team Committees
  - LSC has athlete reps on various National Committees for convention Social media is big topic – discussion on creating EZ Twitter account, does it need monitoring, what about Instagram. LSC's do it and it is encouraged at convention. There is no written policy.
- 6) Age Group Chair Edgar Perez was not in attendance and no report was submitted.
- 7) **Diversity Chair** Miriam Lynch presented report
  - Diversity and Inclusion should be included always in everything it is not a "thing" Your chairs are your link to community use them
    - 2015 was the 3<sup>rd</sup> Diversity Summit odd years hosted by PV at University of Maryland 75 attendees 52 athletes. Great opportunity and an entry into National opportunities. 2017 Summit Niagara is hosting at University of Buffalo June 22-25, 2017

Male/Female from each LSC – maybe more if room. Please budget for your athletes, coach and chair to attend.

National Camp had 15 athletes from the Eastern Zone attend with their coaches.

Miriam is stepping down as Diversity Chair and thanks everyone for their support, especially her LSC!

8) Officials Chair – Bob Vincent

Web site – who is responsible for update of Officials

List of N3 officials and history of assignments.

Updates need to be sent in to Officials Chairs

LC Sectionals – new refs did a great job

SC AG Champs – thanks to JoAnn Faucett for stepping in as referee.

12 Lanes in Ithaca a challenge.

Unfinished Business: Report of Task Force on meet surcharges - nothing new to report

#### **Special Elections:**

Special Elections were held for offices of Secretary/Treasurer (due to Mary Turner being elected as Zone Director) and Diversity (due to Miriam Lynch stepping down).

Elections for positions are from May 7, 2016 until the Annual Meeting in September.

- 1) Secretary/Treasurer Mary Fleckenstein was nominated. No other nominations. Mary was elected to fill the term.
- 2) Diversity Nominations Peter Maloney PV, John Yearwood MR, Nadine Johnson withdrew her name at this time.

Ballots were presented and Peter Maloney was elected to fill the term.

Motion to destroy the ballots was approved.

Elections that will take place in September and nominations presented (nominations will also be taken at the meeting from the floor):

Zone Director, Coach – Tristan Formon - NJ

Diversity – John Yearwood – MR, Peter Maloney – PV, Nadine Johnson -NE

Secretary/Treasurer – Mary Fleckenstein

Athlete Representative – Murphy Freal – PV, Ty Seymour – CT, Jared Kittinger – NI

#### **National Reports:**

Diversity and Inclusion workshops 101 and 102 will be offered at convention – about 3 hours long.

Times and Recognition – Scholastic All American – standards have changed

Convention Education – report attached

Age Group Development Committee - report attached

#### **New Business:**

Bids for next spring meeting – Metro bids Atlantic City, date depending on National Board meeting – bid was accepted.

Peter Clark, the Eastern Zone consultant from USA Swimming is retiring. He has given 10 years of service to the Eastern Zone. The Eastern Zone wishes him a happy retirement and presented him with a gift.

Peter expressed his gratitude to the Eastern Zone for the support he has received both personally and professionally.

Motion to adjourn was made and passed at 12:20 pm.

Respectfully submitted,





# Zone Directors' Report Spring 2016

#### **MEMBERSHIP**

Year-to-date membership of year-round athletes is up .1% to 313,482. Non-athlete membership is up 2.3% to 34,723 members. There are currently 2,932 member clubs, which is up 1.2%.

#### LSC/ZONE STUDY TASK FORCE UPDATE

The LSC / Zone Study task force has developed a series of recommendations and over the next 2-3 months plans to meet with each of the groups below:

- o Board of Directors
- o Zone Directors
- LSC Development Committee
- Governance Committee
- Club Development and Membership Services staff

The adjustments being recommended are grouped in three types – Structural, Cultural and Governance. There is a fourth group of challenges identified as "Adaptive" that will require additional study before recommendations are suggested.

A proposed implementation plan will be brought back to the Board of Directors for approval in September.

#### **WEBSITE REDESIGN**

This project is taking longer than originally anticipated because there is more involved in getting the project completed than initially planned. The new website will not be ready by the time of the Olympic Team Trials, is expected to be completed sometime in the 4<sup>th</sup> quarter of this year. While it would be nice to meet the self-imposed Trials deadline, it is much more important that the project be done right and to the level of excellence expected by our members. It is expected that the project will cost \$1.75 M as opposed to the original projection of \$1.5 M. The increased costs are due to more complexity and the UX/design process and are not directly related to the delayed launch.

#### **MEMBERSHIP CATEGORY CONCEPTS**

At the January 2016 Board meeting, there was a thorough discussion regarding membership trends and opportunities. Following that discussion, the Board directed staff to analyze potential adjustments to current membership options and report back at the April meeting.

USA Swimming is looking at updating its membership options. At the Board meeting last weekend the following possibilities were discussed:

- Pre-Team Membership
  - o targeting 14 & Y athletes interested in pre-competitive or non-competitive activity
  - o compete only in closed non-sanctioned meets
  - o cost expected to be under \$15 (LSC & USA)
  - o will allow fee to be credited toward annual membership
- Learn-to-Swim Membership
  - o targeting pre-swimming kids or Learn-to-Swim Providers (USA Swimming and others)
  - o swim 1-2 times per week
  - o no meet participation
  - o fee to be determined but expected to also be under \$15
- Seasonal Membership
  - update current Seasonal membership to provide price-competitive partial-year membership option
  - o targeting 18 & Y athletes who want a part-time option with the ability to swim in sanctioned meets
  - o maintain current 150 day period
  - cost expected to be under \$25 (LSC + USA)
  - o will allow fee to be credited toward annual membership

This is still a work in progress and implementation is expected for the 2018 season. However, the Board voted to begin the Seasonal Membership phase beginning with the 2017 swim season. Because programming will be required to allow for crediting of the registration fee toward the annual fee, this will not be implemented at first. Legislation is required to change the registration fee and must be passed at Convention.

#### ONLINE REGISTRATION = ONLINE MEMBER SERVICES

USA Swimming's role and project is now known as "Online Member Services". Because there are multiple aspects to this initiative, this more accurately reflects the projects goals:

**Phase #1** – This initial phase involves enhancing IT systems so that the membership database can be aligned with the third party vendors that are currently providing the software programs that our member clubs are using. Anticipated completion date:  $2^{nd}$  quarter of 2017.

**Phase #2** – "Registration Lite" – It is meant to be a simpler registration program for smaller clubs (~50 members and less) that do not have the resources to pay for the support services provided by the third party vendors. Anticipated completion date: prior to the end of 2017.

**Phase #3** – The final phase of the project will provide online registration services for non-athlete members. Anticipated completion date: the end of 2017.

## **LSC CONSULTING**

USA Swimming provides member teams with a variety of educational workshops facilitated by

USA Swimming's LSC Governance Consultants. These include several strategic planning sessions available to LSC board members and club leaders who have completed LEAP 1 and 2. There are also workshops available to assist LSCs in constructing a strategy for completing the requirements for LEAP 2 and 3. Three of our LSCs have either completed or scheduled such workshops: Adirondack, Alleghany Mountain, and Maryland. **Congratulations** to Maryland for attaining LEAP Level 3!!

# **2016 WOMEN'S LEADERSHIP CONFERENCE**

The Spring Women's Leadership Conference (WLC) was conducted tin April 8-10 and brought together 37 coaches from across the country for a weekend of personal and professional growth. Two remaining conferences will be held in Fort Lauderdale, the weekend before the ASCA World Clinic, and in Phoenix in late October.

# **2016 CLUB EXCELLENCE GRANTS**

Grant requests from 20 Gold and 76 Silver Medal clubs have been reviewed and scored. Announcement letters were distributed the week of April 11 and, as Letters of Agreement are returned, distribution of \$454,976 in grant awards will begin. The average Gold level grant for 2016 is \$10,475 and the average Silver level grant is \$2967.

#### **LGBTIQ**

The topic of Lesbian, Gay, Bisexual, Intersex, Transgender and Questioning Inclusion is at the forefront at USA Swimming through discussions on the competition side as well as climate in the sport. News reports focused on laws in North Carolina as well as an April segment on Harvard swimmer Schuyler Bailer on CBS' 60 Minutes have brought heightened media attention in just the last few weeks. A staff team has started internal discussion to "frame" the topic for discussion with the vision to create a welcoming and safe environment within USA Swimming that is inclusive across all cultures. Ethnic diversity efforts have been in place for the last decade, so an effort is being made to address LGBTIQ topics in a more focused way.

The current approach is to separate the discussion into "climate" and "competition" (which primarily relates to transgender athletes) and to conduct a research project to collect member feedback. The anticipated next steps include:

- Conducting a USA Swimming Climate Survey "holistically" across all cultures (ex. Ethnicity, disability, sexual orientation, sexual identification) to gauge how welcoming and inclusive the sport is today. This survey will target USA Swimming members and will be conducted during the summer of 2016. Simultaneously, this survey will also look at perceptions of USA Swimming from the point of view of different cultures
- Creating a working group or task force to look at the Competition side, with a focus on athletes who are transgender. This group would look at the impact on rules, legal, selection procedures, bathroom usage, etc.

#### **U.S. OYMPIC TEAM TRIALS**

- Sold-out! The 14,500 seat CenturyLink Center in Omaha will be full for each of the 15 sessions of Prelims and Finals. Those still looking to purchase tickets are being directed to the secondary market, and we are specifically recommending <a href="https://www.PrimeSport.com">www.PrimeSport.com</a>.
- **USA SWIMMING HOUSE** The current slate of public and private events at USA Swimming House for the evenings after finals includes:
  - o Sunday, June 26 Sundae Sunday with the Olympians (Public Event)
  - Monday, June 27 Coaches Social presented by Competitor Swim (Private Event)
  - o Tuesday, June 28 Breakfast (for Dinner) with the Olympians (Public Event)
  - Wednesday, June 29 Wine & Craft Beer Tasting (Public Event)
  - Thursday, June 30 U.S. Olympic Team Family Night (Private Event tentative)
  - Friday, July 1 The "6" Olympic Team Reunion presented by BMW (Private Event Honoring 1956, 1976, 1996 Teams (Private Event)
  - Saturday, July 2 Wine & Craft Beer Tasting for Coaches presented by Marriott Rewards (Private Event)
  - Sunday, July 3 BBQ, Fireworks & Apple Pie (Public Event)

Pre-registration will open for all the events above in late April/early May at <a href="www.USASwimming.org">www.USASwimming.org</a>. Several other luncheons and/or breakfast events are also planned for the USA Swimming Foundation, LA 2024 and more.

- AQUA ZONE Sponsors and industry partners are getting plans set for the fan experience at Trials. A few key Aqua Zone updates include:
  - #SurfOmaha bringing the surf experience to the Aqua Zone. Marriott Rewards will be the presenting sponsor for this activation.
  - Aqua Zone Rewards partnering with FISH Technologies to bring a social and data collection component to the Aqua Zone. Sign-up for Aqua Zone Rewards and be entered to win a BMW X1 lease.
- OLYMPIC ISSUE OF SPLASH MAGAZINE The May-June and July-August issues of Splash
  will be one, single Olympic Extravaganza special double issue. Preview content for both
  the U.S. Olympic Trials in Omaha and the Olympic Games in Rio will be featured. We will
  also be spotlighting Finding Dory, The Last Gold and the SwimToday campaign. The issue
  is slated to hit mailboxes on the week of May 9.

#### SwimJitsu

SwimJitsu will grow from 8 events in our 2015 pilot, to 28 events in 2016. We had more than 200 applicants to host an event in 2016, and already have 25-30 clubs and LSCs lined up for 2017. Hosts will have two options to choose from including:

- SwimJitsu: the full course and 4-6 training games. Most teams utilize this version for recruiting or retention.
- SwimJitsu Lite: a scaled down course with 2-3 training games. Most teams use this version as a fundraiser, and is more flexible as it fits into smaller pools.

#### **2017-2020 BUSINESS PLAN**

Work on the 2017-2020 Business Plan is coming to an exciting stage. Grouped under the core objectives of BUILD, PROMOTE and ACHIEVE, key priorities and strategies for the next quad have been identified and presented to the Board.

# **USA SWIMMING PRODUCTIONS**

Tricia Vanderslice began her duties as the Director of Content Programming in the newly-formed department of USA Swimming Productions. This is a new position was created to grow digital and video content creation efforts. She will jump right in with video projects for the Trials, Chobani, Blue Diamond, MilkPEP, Phillips 66, SwimToday and more.

#### WORLD PREMIERE FOR "THE LAST GOLD"

Production of our feature-length documentary film is now complete. The film has been accepted as one of only ten documentary films that will be included in the prestigious Los Angeles Film Festival, which will be held June 1-9. This screening will be the public World Premiere for "THE LAST GOLD … The Greatest Untold Story in Olympic Swimming History." Following this World Premiere, the film will be shown in approximately 400-500 theatres across the country over a three-day window, July 11-13, as part of a one-time national screening. This screening will be coordinated with USA Swimming member clubs in the respective areas. Additional information will follow as new opportunities and information become available.

#### RIO

Plans are well on the way for Rio, and the pool is looking good and on track to be ready for the Games. The village is moving along as well and while Rio will have its challenges, like most Games, things are moving in a positive direction for both pool and open water events.

Our USA Swimming's relationship with the USOC at a sport performance level is very good. Alicia Kendig (nutrition) and Amanda Whittenmyer (strength and conditioning) will be attending both Olympic Team camps to assist USA Swimming athletes in their preparation for the Games.

#### **ZIKA VIRUS**

Zika and other mosquito-borne illnesses continue to be the topic of discussion throughout the national media. The National Team Division continues to work with the USOC to ensure athletes and coaches are given all the information needed prior to travel to Brazil. In addition athletes will be provided with mosquito bite protection sprays, lotions and equipment to prepare them for village life.

#### **DOPING AND SPORTS MEDICINE**

Doping has been on the mind of many of our NT athletes this year and there is hope for "clean" games in Rio. Rich Young has been presenting to our NT athletes while they have been training in Colorado Springs with a very positive outlook and has mentioned more than once that the athlete letter written to FINA has already made a huge impact on the swimming world.

During the Board meeting, the Sport Science and Medicine Network also met at the Olympic Training Center. They discussed many topics including concussions in swimming, the role of Vitamin D in musculoskeletal injury, and the dynamics of international trip medical staffs.

## **OPEN WATER**

FINA is continuing to send reports about the water quality test that are being done in Rio. The INEA site is being checked frequently to monitor the twice weekly tests that are conducted and track the correlation between rain and poor water quality results in the Copacabana Region. The course would be open 5 days prior to the competition will allow for flexibility on the athlete's part to get in the water earlier without the fear of getting ill the day before the race.

### **FUNDRAISING**

Major Gifts: A new trustee has been signed with a six figure donation over 5 years; and Nathan Adrian donated \$10,000 on behalf of BP to the USA Swimming Foundation with an on-deck presentation at the Austin Pro Series.

Olympic Trials VIP Packages: SOLD OUT. More than \$233,000 has been raised (a net of \$100,000 more than in 2012). A small number of tickets/rooms are available on a few days if you know anyone interested in a customized short-term package.

Annual Campaign Financial Overview: As of April 5, 2016 the Annual Fund has received \$25,361 in donations. This is \$3,887 above this time last year.

#### SWIM-A-THON

- Final 2015 Swim-a-Thon revenue totals are at \$363,557, surpassing our \$350K goal by 9.6%. A record \$7,271,141 in Swim-a-Thon fundraising dollars were raised by more than 345 teams in 2015.
- As of March 21<sup>st</sup>, 2016 Swim-a-Thon revenue is currently running 29% ahead of same time last year.

#### **MAKE A SPLASH**

USA Swimming Foundation Make a Splash Grants: Awarded more than \$330,000 to 52 Make a Splash Local Partners in 23 states; expected to serve more than 20,000 children (this is the largest number of children to be served through grants in our history).

Make a Splash Partner Network: As of January 1, the USA Swimming Foundation's Make a Splash Local Partner network has provided almost 4 million children with the lifesaving gift of swimming since 2007. Total enrollments to date equal 3,999,633; the next round of enrollment reports is due on June 1, 2016. We look to have a BIG announcement when we reach 4 million children!

#### **IMPORTANT DATES**

 May 31-June 4, 2016 - National Open Water Select Camp in Ft. Myers, FL. 24 athletes and their personal coaches have been invited to the 2016 camp. The camp will include long

- course workouts, salt water workouts and fresh water workouts in addition to educational sessions.
- June 2-5, 2016 EZ Zone Select Camp This camp will be help at UMBC, Baltimore. 28 boys (age 13-14 at the time of performance) and 28 girls (age 12-13) will be selected to attend the camp.
- October 7-9, 2016 Evaluator and Mentor Clinic Member Services is planning this clinic for October 7-9 this year. LSCs will be asked to nominate 2-3 officials whom they believe would make good N3 mentors and evaluators in their LSC. Selected officials will receive a "train-the-trainer" curriculum they can take back to their LSCs to help promote and retain officials in their area.
- October 21-23, 2016 Officials' Workshop This workshop will be held in Phoenix, AZ.
   This annual clinic gives the newer referee tips and tricks they can use to become better officials in their LSC and to share with other officials in their area.
- October 22-23 and November 12-13, 2016 Nearby Regional Build-A-Pool Conferences in Nashville, TN and Morgantown, WV, respectively.
- April 2017 USA Swimming sponsored Zone Workshop to include training on Online Member Services and other components.
- June 22-25, 2017 EZ Diversity Camp/Summit This will be sponsored by Niagara Swimming and held at the University of Buffalo.

Eastern Zone Technical Recommendations to The EZ General Body EZ Spring Meeting – May 7<sup>th</sup> 2016 Respectfully submitted by Tristan Formon, EZ Technical Chair tr1stan@juno.com www.easternzoneswimming.org

#### Recommendation motions from the EZ Technical Meeting:

MISCELLANEOUS: 9.1 Amendments: Any provision of the EZ Policy Manual (Sections 1 to 9) not prescribed by USA Swimming Bylaws may be amended at any meeting of the EZ by two-thirds (2/3) vote. At least thirty (30) days written notice must be given to the General Chair of each LSC of any proposed amendment. Any provision of the EZ Regulations (Sections 10 and 11) and the Appendices may be amended at any meeting of the EZ by simple majority of the votes cast.

#### **EZ Winter Sectional Championships**

- R1. There will be a Sunday AM Distance option. During positive check-ins for Sunday distance events, coaches will
  have the option of declaring an AM or PM option. MOTION PASSED TECHNICAL
- R2. Thursday time trials: Distance free events. Other events may be swum at discretion of the Meet Referee, who will also identify the length of the time trial session. MOTION PASSED TECHNICAL

The following items considered by the EZ Technical Committee were either defeated or withdrawn:

**EZ Winter Sectional Championships** 

All Sunday relays will compete in prelims. (There will be no relays during Sunday finals) Motion was defeated

#### EZ Summer AG Championships

To be considered at the EZ Technical Meeting:

Starting with the 2017 Summer AG Zone Championships, chase starts will be considered on an individual session basis for all 12 & Under sessions that exceed a four (4) hour timeline. Motion was defeated

To be considered at the EZ Technical Meeting:

Starting with the 2017 Summer AG Zone Championships, all 11 & Over Prelim Final events would include a B final. Motion was defeated

After some discussion, an EZ Taskforce was created to discuss and contemplate the future of the EZ Winter AG Championship Meet. The taskforce will be asked to a make a recommendation for the EZ Fall Technical Meeting at USAS.

AD – JoAnn Faucett

MD – Matthew McDonough

CT – Rick Lewis

ME – Fritz Homans

PV – Mark Faherty

VSI – Steve Hennessy

MR – John Yearwood

NJ – Kip Hein

MA – George Breen

AM – Luke Modrak

NI – Adam Zaczkowski

NE – TBD Lawa

Ex-Officio - Mary Turner EZ Non Coach Director

2015 - 16 Eastern Zone Technical Committee Appointees

Adirondack: Steve Hall (update)

Connecticut: Rick Lewis

Maryland: Matt McDonough

Maine: Fritz Homans (update)

Middle Atlantic: Jon Larson

New Jersey: Tristan Formon - EZ Technical Chair

Allegheny Mountain: Luke Modrak

Maryland: Matt McDonough

Metropolitan: John Yearwood

New England: Laura Matuszak

Niagara: Will Chidsey

Potomac Valley: Manga Dalizu

Niagara: Will Chidsey

Virginia: Steve Hennessy

Each LSC is asked to provide any updated contact details for each of their respective LSC EZ Technical Appointees to Tristan Formon <a href="mailto:tristan@juno.com">tristan@juno.com</a> at your earliest convenience.

# **Eastern Zone Championship Dates 2016-2019**

| Meet/Year          | 2016             | 20171            | $2018^2$    | $2019^2$    |
|--------------------|------------------|------------------|-------------|-------------|
| SC Age Group       | 24-26 March      | 30 March-2 April | 28-31 March | 3-6 April   |
| Spring Sectionals  | 30 March-3 April | 30 March-2 April | 28-31 March | 3-6 April   |
| Easter             | 27 March         | 16 April         | 1 April     | 21 April    |
| Open Water         | 3                |                  |             |             |
| LC Super Sectional | 7-10/14-17 July  | 6-9/13-16 July   | TBD         | TBD         |
| LC Age Group       | 3-6 August       | 9-12 August      | 8-11 August | 7-10 August |
| LC Senior Zone     | 4-7 August       | 3-6 August       | 2-5 August  | 1-4 August  |

# Dates per Policy

- AG SC before 1st Sunday in April
- AG LC finish Sat between 9th & 15th of Aug
- LC Super Sectional 14-21 days before Jr/Sr Nats

#### Notes:

- 1. Dates for 2017 have been set last October at Convention.
- 2. Dates suggested for 2018 and 2019 are based on Policy and history.
- 3. Middle Atlantic will host on a date TBD.

Eastern Zone Spring Meeting – May 7th 2016
USAS CONVENTION EDUCATION COMMITTEE REPORT
Respectfully submitted by Jamie Bloom NE, Kate Scheuer MA and Tristan Formon NJ
tr1stan@juno.com / jbloom@WestfieldYMCA.org / email@udac.us
www.easternzoneswimming.org

#### 2016 USAS CONVENTION EDUCATION WORKSHOPS

| Wednesday | 1:00 - 1:50pm   | Convention First Timers                         |
|-----------|-----------------|---|
| Wednesday | 2:00 - 3:50pm   | Russell Mark                                    |
| Thursday  | 10:00 - 10:50am | Convention First Timers (Encore)                |
| Thursday  | 3:00 - 3:50pm   | Roberts Rules                                   |
| Friday    | 10:00 - 11:50am | LSC Dev: Athlete Engagement Session             |
| Friday    | 11:00 - 11:50am | College Recruiting for Club Coaches and Parents |

Convention Education met as a committee in late April in Denver. The theme for the committee this year is "GET THE RIGHT PEOPLE TO THE RIGHT MEETINGS". Convention Education has been coordinating with the AEC in a collaborative effort to prioritize educational opportunities for Athlete and Non Athlete attendees at the USAS Convention. The AEC have requested that we promote LSC Development/Convention Education Athlete Engagement workshop, Friday September 23 from 10-11:50AM.

All General Chairs' and LSC BOD members are encouraged / requested to attend for a collaborative session between athletes and non-athletes during this workshop.

Please "LIKE US" on Facebook https://www.facebook.com/USASSwimCon

General Chairs and LSCs are reminded that when completing USAS registrations to ensure we have good emails for folks so they receive the nightly Psych Sheet.

# Age Group Development Committee:

The AGDC HAS ONLY MET TWICE SINCE SEPTEMBER. At our most recent meeting we were asked by the Rules & Regs. committee our opinion if there needed to be a rule added to the rule book about LSC's running combined Championship meets. We felt that no new rule was needed and that the language currently in the rule book covers it and allows for it.

The AGDC was also asked to submit legislation to the R&R committee to ban High Tech swim suits for 12&U age group defined competition. The driving force behind this request to our committee was not the material the suit is made out of, but one of affordability. Economically disadvantaged families cannot afford the high tech fast suits therefor putting them at a competitive disadvantage with their peers. The AGDC did not feel we had enough information to put forth any legislation before the May 15th deadline for submittal. A meeting with the suit manufactures may be needed as well as talking with other NGB's to see what type of things some of them have done to even the equipment playing field.

The IMX meets across the country have continued to grow with the exception of the Greensboro, NC meet. The northeast meet was again, the largest of the 6 funded IMX meets with 1305 athletes entered. The next largest meet was in Mesa, AZ at nearly 600 athletes. Peter Clarke and I have had several conversations on what the next step may be for IMX. Currently 2 more male and 2more female IMX athletes have been added to the National Select Camp. One of the ideas we have briefly discussed was to run an IMX National Championships in the LC format. We are not sure of the qualification process but it could consist of the top 16 finishers from from each single age group from each of the 6 funded meets.

The AGDC has finished our re-write of the Progressions for Age Group Development document. We are currently waiting on three individuals to get back to us with their input (2 from the USOC and 1 nutritionist). Once we receive that, it will go out one final time to some select coaches for their practical review then we will send it to the USAS people form them to add their links and videos. I believe that Tom Avischous will present it at convention.

New reports and charts /graphs on club portal page on USUS website. Check them out and try to use them.

Bill Marlin Age Group Development Committee

# Eastern Zone Meeting Atlantic City, NJ May 6-7, 2016

## **Attendance**

# **Technical Planning May 6**

Adirondack: JoAnn Faucett, Jerry Adams, Steve Johnson, Steve Hall

Allegheny Mountain: Luke Modrak

Connecticut: Rick Lewis

Maine: Fritz Homans

Maryland: Matthew McDonough, Bill Kirkner

Metropolitan: John McIlhargy, Mary Fleckenstein, Monique Grayson, Denise Byrne, Mark Amodio, John Yearwood

Middle Atlantic: Michael Seip, Jon Larson, Kathryn Scheuer, Jamie Platt

New England: Paul Memont, G. Nadine J Jesionek

New Jersey: Ed Dellert, Stephanie Crofton, Bud Rimbault, Kip Hein, Tristan Formon, Brendan Koziol

Niagara: Adam Zaczkowski, Rick Aronberg

Potomac Valley: Heather Purk, Bill Marlin, Tim Husson, Mark Faherty

Virginia: Peter Maloney, Steve Hennessy, Mary Turner

#### House of Delegates – May 7, 2016

Adirondack: JoAnn Faucett, Jerry Adams, Steve Johnson, Steve Hall

Allegheny Mountain: Luke Modrak, Dana Holder

Connecticut: Rick Lewis, Nancy Wargo, Ty Seymour

Maine: Fritz Homans

Maryland: Matthew McDonough, Bill Kirkner

Metropolitan: John McIlhargy, Mary Fleckenstein, Monique Grayson, Denise Byrne, Mark Amodio, John

Yearwood, Dave Ferris

Middle Atlantic: Michael Seip, Jon Larson, Kathryn Scheuer, Jamie Platt

New England: Paul Memont, G. Nadine J Jesionek, Elise Atkinson (athlete), Laura Matuszak

New Jersey: Ed Dellert, Stephanie Crofton, Bud Rimbault, Kip Hein, Tristan Formon, Brendan Koziol (athlete), Jim Wood,

Jim Sheehan, Devel Stephens

Niagara: Eric Lind, Adam Zaczkowski, Rick Aronberg, Mike Switalski, James Kittinger (athlete)

Potomac Valley: Greg York, Heather Purk, Bill Marlin, Tim Husson, Mark Faherty, Bob Vincent, Murphy Freal (athlete),

Miriam Lynch, Paris Jacobs, Steve Manard

Virginia: Peter Maloney, Steve Hennessy

**USA Swimming: Peter Clark**