

Eastern Zone Swimming

2016 Annual Meeting

Atlanta, GA

- 1) Meeting was called to order at 7:04 pm by Ed Dellert
- 2) Minutes were approved from the Spring Meeting in Atlantic City
- 3) **Financial Report** – Mary Fleckenstein – attached and approved  
Budget Committee – Rick Lewis – no report
- 4) **Additions to Agenda** – Safe Sport – Greg York – approved  
Agenda approved as amended
- 5) **Report of Officers:**  
Bob Vincent introduced himself – running for USA Swimming Treasurer
  - 1) Bob Vincent presented Leadership Coins from EZ to officials. Discussed number of meets and the decline in quality of officials at bigger meets if spread too thin.
  - 2) Zone Directors report – Mary Turner/Ed Dellert – attached  
Highlights – New USA Swimming Website – hopefully by new year  
Frank Busch – More clubs represented on Olympic Team  
College Swim Coaches – academics one reason swimmers stay swimming  
Conflict of Interest – keep watching for updated version  
Executive Director Report – Trials – largest crowd in history, business plan, sponsors
  - 3) Technical Planning – Report attached  
Fall Tech Planning Committee named  
Recommendations – R1, R2, R3, R4, R5 were all approved  
Time Standards submitted to Tech Planning Committee for review
  - 4) Zone Championship Coordinator – Bud Rimbault – report attached
  - 5) Zone Board of Review – Bud Rimbault  
Each LSC should submit to Bud 3 names for the Zone Review Board – 1 being and athlete
  - 6) Athlete Rep – Ty Seymour  
The athletes would like to see more athlete attendance at Spring Meeting  
Twitter - @eastern\_zone  
Athletes running election for new athlete rep to EZ
  - 7) Age Group Chair – Edgar Perez  
Working with Directors and LSC Age Group Chairs for input on direction of Age Group Swimming
  - 8) Diversity Chair – Peter Maloney  
Looking for alternate ideas for outreach membership  
EZ Diversity Camp – Buffalo  
Looking for \$10,000 from EZ to support camp, USA Swimming gives \$7500, NI will support with \$5000  
New proposals for Leap  
Diversity breakfast at convention
  - 9) Officials Chair – Bob Vincent – report given earlier (see #1)
  - 10) Safe Sport – Greg York  
Position is appointed by EZ – not elected  
Unified leadership

**6) Unfinished Business**

Age Group Task Force – report given in Tech Planning

**7) New Business:**

1) Legislation

- a) By-law change regarding Vacancies in board. Motion – When a vacancy occurs, the Zone Directors will appoint a replacement to fulfill the unexpired term. Motion was seconded and approved.
- b) Changes to Policy manual as proposed by Tech Planning – approved during Tech Planning

**8) Elections**

- 1) Zone Director – Tristan Forman- NJ by acclimation
- 2) Secretary/Treasurer – Mary Fleckenstein by acclimation
- 3) Diversity Coordinator – 3 running for position – all spoke to the body  
Nadine Johnson – NE, Peter Maloney – VA, John Yearwood – MR  
Nadine Johnson was elected by vote.
- 4) Athlete Representative – 2 running for position – Ty Seymour- CT, Murphy Freal – PV  
Athletes conducted election and Ty Seymour was re-elected to the position

**9) National Committees**

- a) Tim Husson – Times/Recognition
- b) Carol Healy – membership – no cards starting in 2018, many LSC's have already begun
- c) Cherita Gentilucci spoke on a calendar for Leap going forward
- d) Mike – Occupational Risk – reminder on diving certifications  
June 8,9,10 – Safety Workshop
- e) Jr. Worlds Championships – Indianapolis Aug. 22-27
- f) Club Development overview – Coach education

**10) Announcements**

Updates will be on website

Zone Workshops – EZ will be in Atlantic City in conjunction with May meeting May 5-7

Thanks to Ed Dellert for his many years of service to the Eastern Zone

Zone Service Award was presented to Tristan Forman for his years of volunteerism

**11) Adjournment**

Meeting was adjourned at 9:02 pm

Eastern Zone Treasurer Report

September 2016

Treasurer Report

Deposit Account with USA Swimming report is below.

Current balance is \$55,616.40

Recently submitted dues from Maryland - \$ 1,265.75

Outstanding dues: Maine -\$289.50, New Jersey - \$2,408.50. Several reminders have been sent.

Total balance after payments will be: \$59,580.15

All disbursements are accounted for and approved by finance chair.

BALANCE FORWARD 12/31/15			\$ 40,737.14
3/21/2016	Mary Turner/reimbursement	6.80	40,730.34
3/23/2016	Mary Turner/reimbursement	62.45	40,667.89
3/23/2016	Fairport SC Age Group	500.00	41,167.89
3/23/2016	Metropolitan/LC	500.00	41,667.89
4/20/2016	Ed Dellert/Age Group Champs	618.99	41,048.90
5/18/2016	Metro Swimming	2,761.75	43,810.65
5/18/2016	Niagara Swimming	1,449.00	45,259.65
5/18/2016	Virginia Swimming	1,569.50	46,829.15
5/18/2016	Adirondack Swimming	548.00	47,377.15
5/27/2016	Mid Atlantic Swimming	2,813.50	50,190.65
5/27/2016	M. Turner/EZ expenses reimbursed	162.26	50,028.39
6/2/2016	Allegheny Mountain Swimming	852.25	50,880.64
7/28/2016	New England Swimming	2,240.00	53,120.64
7/28/2016	Connecticut Swimming	1,460.75	54,581.39
8/23/2016	Potomac Valley	2,885.50	57,466.89
9/7/2016	Ed Dellert/Age Group Champs	81.29	57,385.60
9/7/2016	Ed Dellert/Sr Zones	740.50	56,645.10
9/7/2016	Metro Swimming Reimbursement	426.00	56,219.10
9/19/2016	Ty Seymour	602.70	55,616.40
			Current balance

# Zone Directors Report

## 2017 Annual Meeting

**New Website:** goal to have mobile design. Focused on improve site navigation; now have personalized pages for different user groups, more images and less text. Site reformats automatically depending on size of device. New area "For You" - found in My Account. Once select area of interest are readily visible when go to different pages. DECK PASS - 'dashboard' type of display; will have capability to switch between logins in DeckPass. Officials will see OTS information in account, too. Easier search capabilities with filters - intent is to find info looking for quickly and efficiently. Start to migrate content in October with release in early December. Looking to simplify site and remove duplication of documents. Will integrate to Facebook and Twitter.

Frank Busch – mentioned increase in the number of clubs represented on Olympic Team. The Team held three camps in preparation for Rio: Prep Camp, Performance Camp, and Pride Camp.

CSCAA – Ran first Open Water NCAA meet in June. CSCAA National Invitational Swim Meet with Student Athlete Executive endorsement was submitted to NCAA. This meet will include the teams that did not qualify for NCAA Championships. (Similar to NIT in collegiate basketball.) CSCAA is exploring the 'value of swimming' to deploy resources and efforts on teams. Such as, academics are the number one reason swimming stays.

**Conflict of Interest Policy:** The BoD approved a more encompassing conflict of interest and ethical behavior policy and disclosure statement. Be watching for a copy of the updated version.

**Executive Director's Report:**

1. Outstanding performances in Rio,
2. highlights from past year, Trials, Last Gold, new sponsors.
3. the future
  - a. business plan based on build, promote achieve
  - b. Diversity
  - c. Doping
  - d. Age Group Swimming

**Membership categories –** A request to withdraw the legislation and resolutions regarding membership categories will be made at the HoD. Further investigation will be done to determine the potential revenue impact for USA-S as well as the LSCs.

**LSC Zone Task Force report:** Recommendations concerning the Zones were tabled until the November Board of Directors meeting pending receipt of the Board Governance Review recommendations. Other recommendations made by the Task Force were approved.

**Board Governance Review Task Force:** RFPs out interviewing companies them this week. Goal to have made a choice by week's end and get them working right away.

**Age Group Anti-doping:** Will have a report for the November BoB meeting.

**Carol Z. and bus incident**

**\*\*HostGreatMeets.com - website from Western Zone age group meet**

**Eastern Zone Technical Recommendations to The EZ General Body**

**EZ Spring Meeting – September 22<sup>nd</sup> 2016**

**Respectfully submitted by Tristan Formon, EZ Technical Chair**

[tr1stan@juno.com](mailto:tr1stan@juno.com)

[www.easternzoneswimming.org](http://www.easternzoneswimming.org)

Tech Meeting was called to order at 6:09pm

**2016 Fall Technical Meeting Representatives by LSC**

Adirondack: Jerry Adams

Allegheny Mountain: Pete Barry

Connecticut: Ellen Johnston

Maryland: Rob Fox

Maine: Mary Ellen Tynam

Metropolitan: John Yearwood

Middle Atlantic: Doug Cornish

New England: Laura Matuszak

New Jersey: Pat Collins

Niagara: Rick Aronberg

Potomac Valley: Mark Faherty

Virginia: Steve Hennessy

**Recommended motions from the EZ Technical Meeting for consideration by the body at the EZ General Meeting:**

*MISCELLANEOUS: 9.1 Amendments: Any provision of the EZ Policy Manual (Sections 1 to 9) not prescribed by USA Swimming Bylaws may be amended at any meeting of the EZ by two-thirds (2/3) vote. At least thirty (30) days written notice must be given to the General Chair of each LSC of any proposed amendment. Any provision of the EZ Regulations (Sections 10 and 11) and the Appendices may be amended at any meeting of the EZ by simple majority of the votes cast.*

**R1. To endorse updating Appendix B as follows: MOTION PASSED TECHNICAL**

\*The fastest heat of girls 800 Free and boys 1500 Free will be swum at finals. All other heats of those events will be swum fastest to slowest as the last event in the preliminaries. The 800 Free will be swum alternating gender followed by the 1500 Free also alternating gender. All entrants for the 800 Free and 1500 Free will be required to declare their intention to swim the event prior to the conclusion of the preliminary warm-up.

AND

\*\*\*The fastest heat of the girls 800 and the boys 1500 Free will be swum with finals. All other heats will be swum fastest to slowest as the last event of the preliminaries. The 800 Free will be swum alternating gender followed by the 1500 Free also alternating gender. All entrants for the 800 Free and 1500 Free will be required to declare their intention to swim the events by 6PM Friday evening.

**R2. To endorse updating Appendices C and D to C 1 2 3 4 and D 1 2 (to better clarify the existing appendices).  
MOTION PASSED TECHNICAL**

*APPENDIX C: Order of events – Eastern Zone Spring Speedo Course Championship Series (Sectionals) now to appear as:*

*APPENDIX C – 1*

*Order of events – Eastern Zone Spring Speedo Short Course Championship Series (Sectionals)*

*ODD NUMBERED YEARS.*

*APPENDIX C – 2:*

*Order of events – Eastern Zone Spring Speedo Short Course Championship Series (Sectionals)*

*EVEN NUMBERED YEARS.*

*APPENDIX C – 3:*

*Order of events – Eastern Zone Spring Speedo Long Course Championship Series (Sectionals)*

*ODD NUMBERED YEARS.*

*APPENDIX C – 4:*

*Order of events – Eastern Zone Spring Speedo Short Course Championship Series (Sectionals)*

*EVEN NUMBERED YEARS.*

*APPENDIX D: Order of events - Eastern Zone Summer Speedo Champions Series (Super Sectionals) AND  
Eastern Zone Summer Senior Zone Championships) now to appear as:*

*APPENDIX D – 1:*

*Order of events – Eastern Zone Summer Speedo Champions Series (Super Sectionals) AND*

*Eastern Zone Summer Senior Zone Championships.*

*4 Day Format – ODD NUMBERED YEARS*

*APPENDIX D – 2:*

*Order of events – Eastern Zone Summer Speedo Champions Series (Super Sectionals) AND*

*Eastern Zone Summer Senior Zone Championships.*

*4 Day Format – EVEN NUMBERED YEARS*

**2017 EZ Summer Senior Zone Championships**

R3. To endorse adding a guaranteed D final in lieu of an awards ceremony. (Furthermore, the 2017 Meet Announcement would then state that there would be no awards ceremony.)

#### **E. Awarded Meets 6. Meet Format:**

D) For the Senior Zone Championship Meet, a D final that is dedicated to 18 & U athletes will be offered **unless the meet size has fewer than 300 athletes entered in individual events.** MOTION PASSED TECHNICAL

#### **2017 EZ Summer AG Zone Championships**

R4. To endorse changing the order of events for the 11&Overs in the EZ Summer Age Group Zone Championships beginning in 2017. (per proposal #3 above presented by Heather Purk PVS) MOTION PASSED TECHNICAL

*(Subject to approval by the EZ General Body, the event sequences would be updated accordingly in the Appendix)*

#### **EZ Winter AG Championship Meet Taskforce**

R5. To endorse changing the format / structure of the EZ Winter AG Championship to a meet similar to the Summer Zone Meet using qualifying times with a guaranteed minimum number slots per LSC. (Effective in 2018) MOTION PASSED TECHNICAL

The following items considered by the EZ Technical Committee were either **defeated** or **withdrawn**:

To endorse the inclusion of the 11/12 400m IM in the EZ Summer Age Group Zone Championships beginning in 2017? **MOTION WAS DEFEATED BY TECHNICAL**

To endorse expanding the age groups for the 13/14 800m Free and 13/14 1500m Free to the 11/14 800m Free and 11/14 1500m in the EZ Summer Age Group Zone Championships beginning in 2017? **MOTION WAS DEFEATED BY TECHNICAL**

#### **Time Standards**

Submitted to the EZ Tech Committee for their review: 2017 Summer AG Zones, 2017 Senior Zones, 2017 EZ Speedo Sectionals

**2016 Eastern Zone Technical Committee Appointees**

Adirondack: Steve Hall

Allegheny Mountain: Luke Modrak

Connecticut: Rick Lewis

Maryland: Matt McDonough

Maine: Fritz Homans

Metropolitan: John Yearwood

Middle Atlantic: Jon Larson

New England: Laura Matuszak

New Jersey: Tristan Formon - EZ Technical Chair

Niagara: Will Chidsey

Potomac Valley: Steve Menard

Virginia: Steve Hennessy

**Each LSC is asked to provide any updated contact details for each of their respective LSC EZ Technical Appointees to Tristan Formon [tr1stan@juno.com](mailto:tr1stan@juno.com) at your earliest convenience.**

Tech Meeting was adjourned at 7:05pm



## Report from SC Age Group Champs Task Force

This Task Force was formed at the Spring meeting to determine if the current all-star format meets the needs our athletes or if it is time to move to a different format. Each LSC named a representative to serve on the Task Force along with Marci Callan, host of the meet for many years, and Mary Turner who will serve as facilitator. A survey was sent to each representative in July and the results of the survey were compiled and distributed to the Task Force.

The members of the Task Force participated in a video conference on Tuesday, September 13<sup>th</sup> to discuss the results. The discussion during the meeting seemed to center around the following three questions.

1. Should the meet maintain its current All Star format or should it be changed to a format using qualifying times?
2. Should the meet continue to include 10 & U, 11-12, 13-14, and 15-18 age groups or should it become a 14 & younger meet?
3. Should the meet remain a meet where in which LSCs enter the athletes or should it become team meet such as the Senior Zone meet?

It is the recommendation of the Task Force that the format of the meet be changed to one using qualifying times.

On the question of the age groups that should be included in the meet, the group was split between those who felt that it should be a 14 & younger meet and those who felt that it should include the 15-18 age group. However, most felt that including the 15-18 age group would not be a deterrent to their LSC participating in the meet.

Before making a recommendation as to whether the meet should be 'LSC entered' as it is now or 'Team entered' as in the Senior Zone meet, the Task Force felt other decisions need to be made first. For example, further consideration needs to be given as to whether all entries must meet the qualifying time or if a certain number of athletes may be entered by each LSC. Each LSC will also need to consider the ramifications of proposed changes to determine which type of meet best meets their budget and the desires and needs of their clubs.

The Task Force set a target date of 2018 for implementation of the changes to the SC Age Group Championship Meet.

Task Force Members participating in conference call: Rick Lewis, George Breen, Mary Ellen Tynan, Carol Healy, Adam Zackowski, Kip Hein, Mark Faherty, Steve Hennessy, Marci Callan, Mary Turner

## **Championship Schedule – Bud Rimbault**

2017

Open Water – Host LSC: Middle Atlantic Site: Atlantic City, NJ Date: 24 June 2017

2018 – Short Course Season

LC Super Sectional – Host LSC Niagara Site: ECC, Buffalo, NY Date 22-25 March 2018

SC Northern Sectional – Host LSC Niagara Site: Ithaca College Ithaca, NY Date: 22-15 March 2018

SC Southern Sectional – Host LSC: Virginia Site: Virginia Tech Blacksburg, VA. Date 22-25 March 2018

Zone Age Group Champs – Host LSC Niagara Site: Webster Aquatic Center Webster, NY Date: 29-31 March 2018

2018 – Long Course Season

Open Water –

LC Super Sectional – No bids, potential date 12-15 July 2018

Senior Zone Meet – Host LSC: Niagara Site: ECC Buffalo, NY Date: 1-4 August 2018

Zone Age Group Championships – Host LSC: Virginia Site: Collegiate School Richmond, VA. Date: 8-11 August 2018

### **2016 Eastern Zone Open Water Meet Recap**

June 25th was a very good day. MA hosted the Eastern Zone Open Water Championships for the second consecutive year and what a wonderful day it was with warm weather and lots of sunshine. Our venue was the Atlantic City Boat House. We had a total of 210 athletes broken out as follows: 5K – 59 swimmers; 2K – 130 swimmers; 500 Meter – 21 swimmers.

We had 20 Officials from as far north as Cape Cod, and south to Washington, with Connecticut, New York and North Jersey represented in between. Seven of our officials had trained and officiated at the National Open Water Championships. We had an experienced staff, many of whom worked the MA OW Zone in 2015.

Our safety plan for on water is second to none. We had 24 kayaks, 3 officials' boats, marine police, coast guard, 3 lifeguard boats, 2 wave runners, and our independent observer and safety officer on the water. Every safety vessel had radio contact with the Safety Officer and Meet Ref. Off the water, we had two EMS units, one stationed at the boat house and another at the other end of the 5K course. We had no safety incidents for the entire day.

I think you will enjoy the panoramic view of the [5K event shot from a drone](#). You will see the swimmers entering to warm up, and the start as they move toward the Albany Ave bridge. Additional photos depict the start/finish for all our activities. One photo shows our first place male swimmer for the 5K, Jack Etter of Nittany Lion Aquatic Club, who is our Eastern Zone representative to the 2017 National Open Water Championships. The first place woman representative to the National Champs will be Caitlin Daday of Parkland Aquatic Club.

### **LSC Development Committee Report to the Eastern Zone**

LEAP Level 1 submission schedules for the upcoming quad were handed out at the General Chair's luncheon and were available at various other workshops conducted by the committee. As the leadership of your LSC, please make sure that you are aware of your submission date. Questions should be directed to [LEAP.grosser@sbcglobal.net](mailto:LEAP.grosser@sbcglobal.net)

Attendance - Convention 2016

<b>Tech Planning</b>						
<b>AD</b>	<b>AM</b>	<b>CT</b>	<b>ME</b>	<b>MD</b>	<b>MR</b>	<b>MA</b>
JoAnn Faucett	Pete Barry	Ellen Johnston	Mary Ellen Tynan	Anna Summerfield	John McIlhargy Mary Fleckenstein Monique Grayson John Yearwood Edgar Perez Brian Hansbury	Jamie Platt
Jerry Adams	Laura Hartman	Jim Robison		Peter Lagow		Doug Cornish
Steve Johnson	Lynne Shine	Ed Becker		Steve Lottes		Mike Seip
	Cindy Woods	Chuck Elrick		Peter Leib		Amy Steeves
	Matt Tucker			Rob Fox		Kathryn Scheuer
	Mike Kristfek					Matt Sprang
						Paul Coleman
						Amanda Pope
						Cecil Gordan
						Cherita Gentilucci
<b>NE</b>	<b>NJ</b>	<b>NI</b>	<b>PV</b>	<b>VA</b>		
Laura Matuszak	Bud Rimbault	Rick Aronberg	Mark Faherty	Peter Maloney		
Rick Osterberg	Pat Collins	Marci Callan	Bill Marlin	Terry Randolph		
Betsy Russell	Tristan Formon	Eric Lind	Greg York	Bryan Wallin		
Nadine Johnson-Jesioneck	Steph Crofton	Eric Stimson	Tom Ugast	Bob Rustin		
	Ed Dellert	Brad Boyle	Merari Chollette	Scott Thacker		
		Mike Murray	Bob Vincent	Bill Geiszler		
		Brooks Howard	Riley Eaton	Ken ??		
			Heather Purk	Steve Hennessy		
			Terri Marlin	Mary Turner		
<b>General Meeting</b>						
<b>AD</b>	<b>AM</b>	<b>CT</b>	<b>ME</b>	<b>MD</b>	<b>MR</b>	<b>MA</b>
JoAnn Faucett	Cindy Woods	Nancy Wargo	Mary Ellen Tynan	Andrew Scott	Andy Copley	Patric Mills
SteveJohnson	Maria Pauley	Jim Robison		Anna Summerfield	Emily Sullivan	Michael Seip
Jenn Dixon	Abby Matheny	Jack Gray		Peter Lagow	Matt Keane	Cherita Gentilucci
Ann Korzun	Eben Krigger	Ed Becker		Casey Prentice	Scott Draper	Amy Steeves
Joey Homan	Matt Tucker	Chuck Elrick		Christian Brown	Monique Grayson	Kate Scheuer
Allie Dixon	Laura Hartman	Ellen Johnston		Nikia Brown	Brian Hansbury	Amanda Pope
Jerry Adams	Mike Kristafek			Rob Fox	John Yearwood	Matt Sprang
	Pete Barry			J Wade Atkins	Edagr Perez	Paul Coleman
	Carol Zaleski			Teresa Becket	Mary Fleckenstein	Jamie Platt
				Maggie Manchester	John McIlhargy	Reece Whitley
				Reilly Willoughby	Tom Luchsinger	Doug Cornish
				Jamie Cahn		Cecil Gordan
				Bill Kirkner		
				Steve Lottes		
				???		

NE	NJ	NI	PV	VA
Carol Healey	Stephanie Crofton	Rick Aronberg	Ward Foley	Peter Maloney
Laura Matuszak	Kip Hein	Eric Stimson Mike	Balir Piddington	Terry Randolph
Rick Osterberg	Pat Collins	Switalski	Murphy Freal	Bob Rustin
Joan Beisel	Nick Smagula Tristan	Eric Llind	Terri Marlin	Bryan Walton
Betsy Russell	Formon	Marci Callan Spencer	Tim Husson	Art Anthony
Harrison Homans	Ed Miller	Schultz Jared	Riley Eaton	Bill Geiszler
Jordan Arnold	Pat Hefferman	Kettinger	Greg York	Scott Thacker
Matt Craven	Joe Scerbo	Brad Boyle Minke	Tom Ugast	Steve Hennessy
Kayla Metivier	Bud Rimbault Meaghan	Murray	Hetaher Purk	Drew Hirth
Mary Buckley	Murphy		Robert Vincent	Grace Edwards
Elise Atkinson	Ed Dellert		Bill Marlin	Alix Neilan
Nadine Jesionek- Johnson	Jim Sheehan		Mike Faherty	Kara McHaney
	Jim O'Neil		Dave Dinardo	
	Greg Eggert		Arvydas Barzdukas	
	Jim Wood		Linda Kopfenstein	
			Merari Chollette	