



EZ SWIMMING GENERAL MEETING MINUTES

MAY 20, 2021 7:00pm ET

1. CALL TO ORDER

7:03 pm

2. APPROVAL OF MINUTES FROM 2020 FALL MEETING (POSTED ONLINE)

Motion made – seconded – approved by all.

3. APPROVAL OF AGENDA

Motion made – seconded – approved by all.

4. FINANCIAL REPORT

Financial Report. Balance in account is \$70,631.11 - \$200 to Mary Turner for website and \$105.78 added in interest.

- a. Budget Presentation – Mary Turner shared screen to show budget for this year. Attached. Budget will be the same as last year. Motion was made to accept the budget, seconded and approved. Budget attached.

5. REPORTS OF OFFICERS

Reports will be available online.

- a. Zone Director Report – Tim Husson and Jerry Adams - Athlete count down 29%, coach count down 25% - this is not uniform across all EZ LSCs, some operating at better percentage than others. Special note to Lamar Decasseres of Metropolitan Swimming for spearheading USA Swimming National legislation requiring LSCs to make their Diversity, Equity, and Inclusion Chair required voting members of LSC Board of Directors. Eastern Zone is first to have all LSCs require this in their bylaws.
Safe Sport recognition – MD and PVS are in 1st and 3rd in clubs recognized. Great job EZ.
- b. Technical Planning Report – Tristan Formon- Senior Zones will happen and format/capacity restrictions are fluid at this time. Age Group Zones will happen in modified format. Detailed Technical Planning Report is available on Eastern Zone website.
- c. Report of Zone Championship Coordinator- Bud Rimbault - Bid information for 2023 season. Reach out to Bud Rimbault for required bid materials.
- d. Athlete Representatives Report – Aaron Zhu and Gavin Formon - Athlete meetings to help understand USA Swimming bylaw changes regarding 33% athlete representation on Board of Directors. Formulated opinions for the working group who was working on legislation changes for the June 2021 USA Swimming HOD meeting to vote on this purpose. As things return to normal hope to continue to expand EZ athlete website, workshops, and social media.
- e. Age Group Chair Report – John Yearwood was not in attendance, no report.
- f. Diversity, Equity, and Inclusion Chair Report – Nadine Johnson - Work in the LEAP space to help LSCs to embed DEI initiatives, thoughts, and considerations into all areas of the LSCs.
- g. Officials Chair – Genny Kimble - With knowledge of Senior Zones and AG Zones happening, working to set up officiating staffs for both events. Made contact with LSC Chairs to check-in on LSC operations and participation. Things are looking up!
- h. Safe Sport Chair- Anne Kaufman - Maryland Swimming, Potomac Valley Swimming, and New England Swimming are leading the charge to get LSC teams Safe Sport Certified. Review the incentives to get Safe Sport Certified!



- i. Disability Coordinator – Amanda Pope – was not in attendance, no report.

6. NEW BUSINESS

EZ Policy & Procedures needs a full overhaul. If interested in participating in a Task Force to work on P&P update please reach out Tim Husson or Tristan Formon. EZ does not need bylaws as not a legal entity.

7. NATIONAL COMMITTEE REPORTS

Mike Seip – Operational Risk - attached report. Please review the extensions regarding certifications – the September 2021 extension will be the last. Thanks to Marco Greico for working so hard on the committee.

Nicholas Poulas – Times/Recognition – updated SWIMS database, may not happen for a year or so and also working on Scholastic All American

Tristan Formon – Age Group Development – working on parent engagement and new pathways to help all.

Taylor Rogers – Rules and Regulations – please feel free to contact Taylor with any questions about the new legislation – mesigeneralcahir@gmail.com

Mary Turner – Membership/Registration – Work is being done to get ready for online registration – testing soon and maybe a full roll out in 2023 registration period. No changes upcoming for Flex registration.

Mike Switalski – DEI – process of redefining roles and what action items to address moving forward. Contact Mike for any help or needs.

Eric Stimson – LSC Development – contact Eric at admin@niagaraswim.org if you have any questions.

8. NOMINATIONS - nominations will be taken from the floor at the September meeting

Tim Husson – Non Coach

John Yearwood – Age Group Chair

Gavin Formon – Junior Athlete Representative

9. BIDS FOR 2022 SPRING MEETING

Tim Husson proposed Zoom meeting. Tristan Formon proposed New Jersey Swimming hosted Spring Meeting in Fort Lauderdale, Florida. LSC's went into breakout rooms to vote. The Spring 2022 Eastern Zone Meeting will be in Fort Lauderdale, Florida. Information on prices and dates will be forthcoming.

10. FINAL NOTE

Reach out to Taylor Rogers, General Chair of Maine Swimming regarding the new 33% athlete representation bylaw change for June 2021 USA Swimming HOD vote if in need of clarification, understanding, or questions.

11. MOTION TO ADJOURN

Motion made – seconded – approved by all. Meeting adjourned at 8:08 pm.

Respectfully submitted by Dom Boccio and Mary Fleckenstein



MARCH MINUTES MSA

EZ 2021 Winter Sectionals – Recap

The final meet format was prelim/final for 3 days and the format was well-received by the athletes and coaches in attendance.

EZ 2021 Summer Super Sectionals Richmond VA – Status Update

Four day prelim/final meet. 326/500 athletes were entered in the first 24 hours on OME. There are 30-40 waiting to be checked out with a 500 athlete max cap. Standards will remain unchanged from 2020.

EZ 2021 Open Water Champs Middlebury, CT

Jen Lyman was unable to attend today. She reported that CT are still not open fully and is hopeful to push the CT Open Water Meet to August 2021. She feels it is in the best interest of the Eastern Zone to offer two open water championships to best serve the needs of the athletes across the Eastern Zone for 2021. Tim Husson requested that Jen draft a proposal for consideration at the Eastern Zone spring meeting for funding for two meets vs. one meet, potentially reappropriating/utilizing funds from 2020/2021.

EZ 2021 AG Zones – Richmond VA

2021 will mark the first Eastern Zone Age Group Championship without 15 and overs. It is expected there will be 13/14 prelim, 11/12 prelim, 10 & under timed final, and finals. There will be a 250 athlete cap per session as with all meets at SwimRVA. Mary Turner, Marci Callan, JoAnn Faucett, Carol Healey, and Tristan Formon will work on developing a format for consideration by technical. The 2021 Age Group Zone Meet will likely look very different to prior years. If all 12 LSCs attend, we will be looking at an average of just over 20 athletes per session per LSC.

EZ 2021 SNR Zones – Buffalo NY

Tristan had a conference call with TJ Day on Tuesday. Star Swimming are likely to be able to host 150 athletes per session, with flighted prelims and then finals. ABC final, similar format to Super Sectionals.

EZ 2021 Winter AG Zone Champs Leaderboard – Status Update

Tim Husson reported that he pulled results this past weekend one more time in order to capture any outstanding meets. The 2021 Eastern Zone Leaderboard is now final. Marci reported that Webster are now permitting two team meets through July and it is unlikely that the Eastern Zone will be able to host an in-person spring short course yard Age Group Zone Championships.

LSC Updates: Competitive / Water Access Status

AD – Jenn reported that some teams are functioning. There have been a number of intrasquad and dual meets thus far.

CT – Ellen/Rick reported that CT have dropped their cohort regulations. There is no longer a limit on numbers in lanes provided 6 feet social distancing is maintained. There have been a few



more dual meets and in-house meets. They are hopeful to have a potential LCM Championship series including senior and age group with 200-225 athlete caps.

ME – Marcel said that a number of teams are running workouts and dual meets. Indoor capacity is up to 50% or 50 people, whichever is greater. In May, this will transition to 75% or 75 people.

NE – Patrick/Aaron reported they just wrapped up their LSC leaderboard for the past 6 weeks with good participation. All meets were SCY. Bids are starting to come in for the summer, all are SCY with one LCM meet bid. There are hopes for a LCM championship. As weather improves, there are hopes for access to outdoor water, specifically LCM.

NI – Marci reported that access to water is still regional. There are teams in the Buffalo area who have been able to have access to 17-18 competitive opportunities but very scattered opportunities throughout the balance of the LSC with many teams partnering to create opportunities.

NJ – TJ reported that the YMCA held their national festival (NJ location) this past weekend. There have been a number of dual meets and intrasquads, restrictions are easing. NJS recently wrapped up its 4 week leaderboard.

PVS – Tim reported that PVS has sanctioned 75 SCY meets since October. All of the meets have been in North Virginia. MD is still restricted to 4-5 per lane for practice and no competition. DC is restricted to 1 athlete per lane. There have been two LCM time trials in Northern Virginia. PVS recently wrapped up a robust championship series serving many athletes throughout the LSC.

ZDC Updates: Tim/Jerry/Gavin/Aaron

Reminder to sign up for the upcoming Zone Workshops.

2021 EZ Spring Technical Meeting Wednesday May 19th 7:00pm

2021 EZ Spring General Meeting Thursday May 20th 7:00pm

NEXT MEETING DATE

Wednesday May 19th 7:00pm

ADJOURNMENT

12:33pm

The mission of the Eastern Zone is to develop a unified organization designed to work in cooperation with the LSCs to support and promote the Eastern Zone Swimming Membership.



2021 Spring Meeting
Teleconference
7:00 pm EDT – May 20, 2021

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Agenda

- 1 – Call to order
- 2 – Approval of minutes from 2020 fall meeting (posted online)
- 3 – Approval of Agenda
- 4 – Financial Report
 - a. Budget Presentation
- 5 – Report of Officers
 1. Zone Directors Report – Tim Husson & Jerry Adams
 2. Technical Planning Report – Tristan Formon
 - a. (Zones, etc)
 3. Report of Zone Championship Coordinator – Bud Rimbault
 4. Athlete Representatives Report – Aaron Zhu and Gavin Formon
 5. Age Group Chair Report – John Yearwood
 6. Diversity Equity and Inclusion Chair – Nadine Johnson
 7. Officials Chair – Genny Kimbel
 8. Safe Sport Chair – Anne Kauffman
 9. Disability Swimming Coordinator – Amanda Pope
- 6 – New Business
 - Policies and Procedures Update
- 7 – Reports of National Committees
- 8 – Nominations
 - Non-Coach Director
 - Age Group Rep
- 9 – Bids for 2022 Spring Meeting
- 10 – Adjournment

**Eastern Zone Financial
Statement/ 2021-2022 Budget
Proposal**

Balance as of 9/1/2020: \$70,725.33

REVENUE		2020-2021 Budget	Actual to Date	2021-2022 Proposal
1000	Zone Dues	\$0	\$0	\$0
1100	Other Income			
	Bank Interest	\$200	\$105.78	\$200
	Refunds			
TOTAL INCOME		\$200	\$105.78	\$200

EXPENSES

1200	Administrative Expenses			
	Awards	\$1,200	\$0	\$0
	Charitable Contributions/Donations/Special Awards	\$1,000	\$0	\$1,000
	Website	\$0	\$200	\$200
	Total Administrative Expenses	\$2,200	\$200	\$1,200
1300	Athlete Support			
	Subsidize Eastern Zone Spring Meeting	\$4,200	\$0	\$4,200
	Total 1200 Athlete Support	\$4,200	\$0	\$4,200
1400	Diversity and Inclusion			
	Multicultural Camps (biennially)	\$5,000	\$0	\$0
	Diversity and Inclusion Camp (biennially)	\$0	\$0	\$10,000
	Total Diversity and Inclusion Programs	\$5,000	\$0	\$10,000
1500	Open Water			
	Open Water Circuit (2 @ \$2000 each)	\$6,000	\$0	\$4,000
	Open Water Championship Meet			\$5,000
	Total Open Water	\$6,000	\$0	\$9,000
1600	Safe Sport			
	Grant program - submit requests for zone related programs EZ grant committee	\$3,000	\$0	\$3,000
	Total Safe Sport Programs	\$3,000	\$0	\$3,000
1700	Travel			
	Zone Director Meetings - Travel and Lodging	\$6,000	\$0	\$0
	Spring Meeting Travel*			\$8,000
	Travel	\$6,000	\$0	\$8,000

TOTAL EXPENSES:		\$26,400	\$200	\$35,400
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NET INCOME/LOSS -\$26,200 \$200 -\$35,200

BALANCE AS OF 5/20/21: \$70,631.11



2021 Spring Meeting
May 20, 2021

Zone Directors' Report

The mission of the Eastern Zone is to develop a unified organization designed to work in cooperation with the LSCs to support and promote the Eastern Zone Swimming Membership.

The pandemic has presented USA Swimming and our LSCs with many challenges in trying to maintain our clubs and our membership. The LSCs have done a great job helping their clubs and all their members.

Statistics

Athlete membership in 2021 in the Eastern Zone (EZ) is down 29% from 2020. The number of coaches is down 25%. The primary reason is the lack of facilities for clubs to operate practices.

Since last season was abruptly cut short in early March, a comparison of the number of meet between last season and this season is not a true picture. In some LSCs, there are as many or even more meets than last season. But these meets are smaller. The average number of athletes per meet is less than half what it was in 2020 and the number of splashes is even less than half. Shorter meets and an increase in intrasquad meets, as well as capacity limits at aquatic facilities account for these numbers.

Diversity, Equity & Inclusion (DEI) Chairs

Lamar DeCasseres (MR) has been leading an effort to introduce legislation to the USA Swimming House of Delegates to make the LSC DEI Chair a required voting member of the LSC Board. He has the backing of the National DEI Committee and the National LSC Development Committee. In addition, he has been lobbying individual LSCs to make this change on their own.

We are pleased to report that the Eastern Zone is the first of the four zones to have all the LSCs include the DEI Chair as a voting board member. Kudos to Lamar and the Eastern Zone LSCs for leading USA Swimming on this important issue.

Safe Sport Club Recognition

It is a goal of USA Swimming to get all clubs Safe Sport Recognized. Once again, the Eastern Zone is helping lead the way. Data presented at the recent USA Swimming LSC Leaders Zoom Meeting (May 13) show that two of the top three LSCs in percentage of Safe Sport Recognized Clubs are from the Eastern Zone. Maryland Swimming leads with 75% and Potomac Valley Swimming is in third place with 54%.

USA Swimming has an incentive program in progress to encourage LSCs (and their clubs) to complete this process.

- 25% of member clubs in the geographic territory achieve recognition by May 1, 2021: \$1,500 and \$200 Match-Up coupon code.
- 50% of member clubs in the geographic territory achieve recognition by June 15, 2021: \$2,000 and \$300 Match-Up coupon code.
- 75% of member clubs in the geographic territory achieve recognition by July 15, 2021: \$2,500 and \$400 Match-Up coupon code.
- 100% of member clubs in the geographic territory achieve recognition by September 1, 2021: \$3,000 and \$500 Match-Up coupon code.

Technical Committee & Competition in the Eastern Zone

Because of the shutdown of all competitions in March 2020 due to the pandemic, the Eastern Zone was not able to hold any of the planned competitions last year. The EZ Technical Committee has been meeting monthly since last fall to track the current conditions in the Zone and plan the 2021 competitions subject to the pandemic restrictions in effect. As restrictions changed, the committee has adapted their planning.

As a result, a small but successful Sectional meet was held in March in Christiansburg, VA. More recently (last week) a larger LC Super Sectionals was held in Richmond, VA that was able to accommodate nearly 500 swimmers.

The SC Age Group Championship was not able to be held this Spring. In its place an Age Group Leaderboard was created that included 14&U results from all EZ athletes during the months of February and March. The leaderboard was posted on the EZ website and updated periodically during those two months.

Planning for the summer Age Group and Senior Zone meets is ongoing. As conditions are improving and restrictions are being eased, the Technical Committee is working hard to define the formats and parameters for these meets. The Technical Committee has submitted a separate report detailing these efforts.

DEI Committee

The EZ DEI Committee has been active during the pandemic meeting monthly to discuss current and planned initiatives.

Zone Directors Council (ZDC)

The ZDC consists of the Coach, Non-Coach, and Athlete Directors of each of the four Zones. The Junior Athlete Representatives are also invited to participate. The ZDC meets regularly with USA Swimming staff to share information and provide feedback from the LSCs.

Respectfully submitted by,

Tim Husson	Jerry Adams
Non-Coach Director	Coach Director

REPORT FOR THE EZ GENERAL MEETING MAY 20th 2021
Eastern Zone Technical Spring Meeting – May 19th 2021
Respectfully submitted by Tristan Formon, EZ Technical Chair
tristan@berkeleyaquaticclub.com
www.easternzoneswimming.org

2021 EZ WINTER CHAMPIONSHIP MEETS

565 Splashes - 144 Athletes - 36 Teams

2021 SUPER SECTIONAL CHAMPIONSHIPS

2,363 Splashes - 528 Athletes - 63 Teams

15 New Wave I Trials cuts (12 athletes)

2021 OPEN WATER ZONE CHAMPS

The 2021 EZ/CT Open Water Championship will be on Saturday, June 26th. This will be the 20th anniversary of the event being run as the CT Open Water Championship. Meet

Information: <https://www.teamunify.com/TabGeneric.jsp?tabid=214692&team=ctsac>

2021 SENIOR ZONE CHAMPS

Presently TJ Day, Star Swimming, are collaborating with ECC to determine limitations. Governor Cuomo is expected to release some new guidelines on May 19th to follow the recent updates from the CDC. ECC has been limited to 225 (recently expanded) athletes per session, hence by flighting the meet, the starting point is a 450 athlete cap. Plan will be to run a 4 day prelim final meet with no adjustments to standards from 2019. Qualification window will be 1/1/19 to the entry deadline. The tentative goal for opening OME is the week following Memorial Day. The Technical Committee are asked to make a recommendation as to how the meet should be structured, should flighting be necessary: by club (maintaining the integrity of training pods) or as a more traditional A and B flight. If by club, then the A flight would swim early Thursday Saturday and later Friday Sunday.

Concepts discussed by Technical included: flighting by team, team size and gender. The Tech Chair will coordinate with the hosts after entries are in to determine the best course of action. The host are coordinating with the facility and local DOH with the goal of increasing the athlete limitation per session.

2021 SUMMER AG ZONE CHAMPS

A task force consisting of Mary Turner, JoAnn Faucett, Marci Callan, Carol Healy, John Yearwood, Jerry Adams and Tristan Formon was created to consider options. With facility restrictions at SwimRVA and with input from all 12 LSCs as to their intentions to attend in 2021, the task force recommends the following format for this summer's meet.

The following were considered at the EZ Technical Meeting:

MSA: Eastern Zone Championship Meet Rules and Regulations to be suspended for 2021

MSA: 2021 EZ Age Group Champs (For 2021 ONLY)

4 Day Meet

3 Sessions per Day: 13/14 – 11/12 – 10&U

LSC Max of 12 individual swimmers per gender per age group per session

LSC Max of 3 individual splashes per event

Athlete Max of 3 individual events per day

Athlete Max of 8 individual events for the meet

No Relay Only Athletes

LSC to determine their respective selection criteria

Entries to be submitted in SCY

Adjustments to potentially include but not limited to: addition of a finals session with one heat (A heat) of each traditional prelims final event, addition of relays to prelims, increased number of individual splashes per gender per age group per session. All to be finalized after entries are received. **Following restrictions easing in VA, looking at the most likely scenario being 11-14 prelims – 10&U Timed Finals – Finals. Relays in prelims, limited to one relay per LSC per age group per gender, and finals.**

ENTRY TIMES

A request has been made that the Technical Committee have a discussion surrounding the concept of permitted adjustments to seed times for meets once checked out of OME.

Essentially created an extended window for entry time adjustments. **The existing process in place for EZ Sectional Meets is consistent and typical of meets at or above the Sectional Level: Futures/Jnrs etc. A subgroup of the Technical Committee will report back at the June Tech Meeting: George Barry, Marco Greico and John Yearwood.**

LSC UPDATES

All LSCs reported access to water and competition is still moving in a positive direction. Some teams are still without water and many LSCs have limited OR no access to indoor LCM water. All are excited about the increased opportunities moving forward.

Eastern Zone Safe Sport - submitted by Anne Kaufman

MAAPP 2.0 is due to roll out soon. Members of the National Safe Sport committee are working on strategies to improve education and compliance based on experiences with original MAAPP program.

Keeping Athletes First initiative saw the first set of LSCs learn that they'd met the first benchmark (25% of clubs in the LSC Safe Sport Recognized) for financial and merchandise rewards. While this program does privilege smaller LSCs, the national office wants to be sure all clubs feel seen. To that end, they've sent pop-up changing cabanas to every registered club to help alleviate the strain that closed locker rooms puts on everyone. As of April 2021, EZ is 2nd among the 4 Zones in the total number of clubs:

	Eastern	Southern	Central	Western	Total
Started Safe Sport Recognition	217	180	241	251	889
Safe Sport Recognized	177	192	144	184	697
Total Combined (Started + completed)	394	372	385	435	1586

Top 10 LSCs (Ranked by count of clubs Safe Sport Recognized)

Rank	# Clubs Safe Sport Recognized	LSC(s)
1	50	FL
2	45	PC
3	35	NC
4	33	NE
5	32	MD
6	24	IL
7	23	GA IN MN
8	22	PV SN
9	20	FG ST
10	19	OR

Over the next month I hope to contact every LSC Safe Sport chair and to hold a Zoom meeting for brainstorming and community -- what we missed by being entirely online for Zone workshops.

Name

AD - Abigael O'Donnell
AD - Abigail Sellnow
AD - Caitlin Cho
AD - Emma Lindecke
AD - Jerry Adams (Zone Director)
AD - JoAnn Faucett
AD - Maddie Ferreira
AD - Marco Greico
AD - Sean Caron
AM - Isabella Donato
AM - Laura Hartman
AM - Peter Barry
AM - Ria Dietz
CT - Davide Mendonca
CT - Ellen Johnston
MA - Jamie Platt
MA - Mike Seip
MA - Christina Cappola
MA - Kathryn Scheuer
MA - Larry Schwarz
MD - Anna Summerfield
MD - Benjamin Pinto
MD - Matteo Torres
MD - Nicholas Poulos
ME - Ali Bragg
ME - Mike Schmidt
ME - Paul Monyok
ME - Taylor Rogers
MR - Dom Boccio
MR - Dylan Cellamare
MR - Francis Andersen
MR - Jeff Chu
MR - Kate Hallex
MR - Lamar DeCasseres
MR - Thomas Cho
NE - Aaron Zhu (EZ Athlete Director)
NE - Anne Kaufman (she/her)
NE - Carol Healey
NE - Jenelle Dolan
NE - Lauren Riedel
NE - Matt Soska
NE - Moriah Tyrrell
NE - Nadine Johnson-Jesionek (She/Her)
NE - Patrick Johnstone
NE - Samantha Brabeck
NI - Dani Richards (she/her)
NI - Jim Stromski
NI - Marcia Callan
NI - Michael Switalski
NI - Suzanne Sokolowski
NI - Will Chidsey
NI - Eric Stimson
NJ - Bud Rimbault
NJ - Corrina Weinkofsky
NJ - Gavin Formon (EZ Jr. Rep)
NJ - Stephanie Crofton
NJ - Tamsin Formon
NJ - TJ Walsh
NJ - Tristan Formon
PV - Erik Collins
PV - Evan Stiles
PV - Robert Walker
PV - Sophie Elliott
PV - Tim Husson (Zone Director)
USA-S - Kaitlin Pawlowicz (she/her)
VA - Allison Dodd
VA - Bryan Wallin
VA - Genny Kimbel
VA - Jack McCann
VA - Mary Turner