Check-in procedures for Eastern Zone Open Water

All athletes will be directed to come through the check-in line. Athletes should not enter the check-in until event check-in time. NO PARENTS/SPECTATORS SHALL ENTER THE CHECK-IN AREA.

STEP 1 PACKET PICK UP

Swimmers must check in with the Meet Director to receive their packet. Packet contains an athlete card (labeled with name, event, and swimmer number) and their disposable chip. Swimmer's nails will be checked. PLEASE CLIP NAILS PRIOR TO ARRIVAL. Clippers will be available at the table if needed. Swimmers who do not pass nails will be directed to parent volunteers to assist.

STEP 2 NUMBERING/CHIP

701.3 MARKING — Prior to the start, swimmers shall be marked with their race numbers on both upper arms and their upper backs. The swimmers shall be numbered vertically down the arms and horizontally across the upper backs.

The number is to be written: -Upper arms (VERTICALLY) -Upper backs (HORIZONTALLY) -Both hands (HORIZONTALLY)

Once swimmers are numbered, chips shall be placed around the right ankle. Swimmers will be provided duct tape to secure the chip in place.

STEP 3 SHIRT PICK UP

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STEP 4 PROCEED TO BEACH AREA

ALL SWIMMERS MUST ATTEND BRIEFING. RACE WILL BEGIN AT THE CONCLUSION OF THE BRIEFING. BE SURE TO HAVE THE ATHLETE CARD AT BRIEFING.

