

#### 2024 Eastern Zone Spring Meeting – VIA Zoom

#### Sunday, May 5, 2024, 12:00 PM EST

- 1. Call to Order Meeting was called to Order by Jamie Platt at 12:04 PM
- 2. Approval of Agenda There was a motion/Second Agenda was approved
- 3. Approval of Minutes There was a motion/Second to approve the minutes of the Fall 2023 Minutes Approved
- 4. **Financial Report** Mary Fleckenstein went over current accounts, report was posted online Motion/Second to approve Approved
- 5. Report of Officers
  - a. Zone Directors Jamie Platt and Jerry Adams report will be posted
  - b. **Technical Planning** Pete Barry Pete reported from meeting held May 5, 2024 Discussion on athletes who qualify for higher meets, meet format, 2026 bids to be taken for approval in September.
  - c. Zone Championship Coordinator Tim Husson will be looking for meet hosts in September
  - d. Athlete Representative Report Gavin Formon, TJ Walsh elections will be held this fall for Athlete and JR Athlete Directors, Summit is happening in June. LSC's are reporting activity with good plans.
  - e. **Age Group Chair** John Fedena Meet at Webster received good feedback. Discussion on meet information and format.
  - f. Diversity, Equity and Inclusion Nadine Johnson nothing new to report at this time
  - g. Officials Chair Genny Kimbel submitted written report, has been in contact with LSC official's chairs.
  - h. Safe Sport Chair Will Gallagher nothing to report at this time
  - i. Disability Swimming Coordinator Elizabeth Jester new DQ slips should be arriving soon. Parallel time standards should be used, refer to Article 105. These standards should be reviewed every 4 years. Modification list is waiting for final approval and branding. Website review will all be updated and same on all sites applicable to Disability. This fall proposals to language in P&P regarding language regarding athletes with disabilities.

Reports were approved - with exception of B,D,E,I

B. **Tech planning** - Pulled to discuss bonus events for Sectionals beginning 2026. Wording will be worked on and presented at the Fall meeting.

Discussion on removing the LC Sectional meet from the Spring schedule and running 2 SC Sectional meets and adding the LC meet only in Olympic Trial year. Motion/Second. Motion passed.

Report approved.

D. Athletes – Athlete Summit – being held at Bryn Mawr College June 20-23, 2024 with Middle Atlantic. Looking for 3 athletes from each LSC and 1 non-athlete chaperone. Will cost each LSC between \$100-\$300. Will be using EZ funds of \$12,000 to defray most of the cost. LSC will also provide transportation and 1 meal for the attendees. The schedule is full of practices, workshops and various other activities. Report was approved.

- E. **Age Group** John spoke about the format for EZ Age group SC Champs a survey was done and is included with these minutes. Coaches were asked various questions about how the meet should be formatted. Will have a committee to review and update us in the fall. Report was approved.
  - I. Disability Pulled to discuss Parallel standards yes, they should be used. Report was approved.

#### 6. Old Business

a. Eastern Zone Policies – TJ Walsh and Marco Greico reported the work is almost done – They are finalizing the technical areas and meet procedures. Goal is to have ready before the fall meeting for review.

#### 7. New Business

- a. Budget Mary Turner presented the budget included in the minutes. Discussion was help on charging dues again, as the account balance ending August 2025 will leave approximately \$8,000. Expenses for last year, this year and budgeted for next year are approximately \$20,000. This does not include a budget line for DEI camp. Except for years we held DEI camps and Athlete Summits our expenses were not this high. Eastern Zone previously charged each LSC \$.25 per premium athlete based on previous years numbers. EZ had approximately 71,000 athletes ending in August 2023. A Motion and second was made to amend the budget and charge each LSC \$.25 per premium athlete based on previous years numbers. LSC's went into breakout rooms and votes were sent to Jamie Platt. Motion for amendment was approved. Motion and second was made to accept the budget as amended – Motion was passed.
- b. Long Course Age Group Championships Format will be the same, however, the 1500/800 will be split by gender to help with the timeline. Mary Turner requests each LSC to send her the name of the Zone Team Manager within 2 weeks for her to have contact with.
  John Fedena proposal for the rewording of the meet information as follows:

Amend the following in the meet information -

Eligibility of athletes with qualifying times for higher level meets:

1st point -

\*the USA Swimming SUMMER Junior Championship

Athletes who have competed in an individual event at USA Swimming national championships, USA Swimming Spring championships, US Open, USA Swimming SUMMER junior championships, or a USA Swimming Trials class meet are not eligible to enter and compete at an EZ AG championship meet.

#### 2nd point -

No changes

Athletes 13 years of age and over who have achieved a qualifying time in an event for any of the above meets prior to the entry deadline for the EZ meet, may not enter and compete in an EZ AG championship meet.

#### 3rd point -

\*Athletes 14 years of age and under who have achieved a qualifying time in an individual event for WINTER Junior Nationals but have not competed in that event at WINTER Junior Nationals may enter and compete in that individual event(s) in prelims ONLY at EZ AG Champs, additionally, they may NOT swim those strokes/distances on relays

The motion was made/seconded and approved.

#### 8. Reports of National Committees

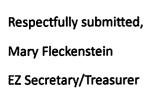
Mike Switalski – Club Development – working in 2 groups Business and webinars to help get more information out to clubs

Elizabeth Antenucci – Safe Sport – continue with athlete and parent trainings, working on additional training on reporting resources.

Marci Callan – Coaches Advisory Committee – working with LSC coaches reps on job descriptions Harper Freeman – Officials Committee – working on online testing and guidebooks.

#### 9. Nominations

- a. Zone Director Coach no nominations received
- b. Secretary/Treasurer Mary Fleckenstein
- c. Technical Planning Peter Barry
- d. Athlete Zone Director TJ Walsh
- e. Junior Athlete Director Harper Freeman and Elizabeth Antenucci
- 10. **Fall Meeting** discussion on if we can have in conjunction with USA Swimming Annual Business meeting that schedule is not out yet but is scheduled for September 26-29. More information will be forthcoming.
- 11. Adjournment Meeting was adjourned at 2:27 pm.







## 2024 Spring Meeting – ZOOM 12:00 PM EST, Sunday, May 5, 2024

#### Agenda

- 1. Call to Order
- 2. Approval of Agenda
- 3. Approval of Minutes from 2023 Fall Meeting
- 4. Financial Report
- 5. Report of Officers
  - a. Zone Directors Report Jamie Platt & Jerry Adams
  - b. Technical Planning Report Peter Barry
  - c. Zone Championship Coordinator Report Tim Husson
  - d. Athlete Representative Report Gavin Formon
  - e. Age Group Chair Report John Fedena
  - f. Diversity, Equity, and Inclusion Report Nadine Johnson-Jesionek
  - g. Officials Chair Report Genny Kimbel
  - h. Safe Sport Chair Report Will Gallagher
  - i. Disability Swimming Coordinator Report Elizabeth Jester
- 6. Old Business
  - a. Eastern Zone Policies
- 7. New Business
  - a. Budget
- 8. Reports from National Committees
- 9. Nominations
  - a. Coach Zone Director
  - b. Secretary/Treasurer
  - c. Technical Planning Chair
  - d. Athlete Zone Director
  - e. Junior Athlete Zone Director
- 10. 2024 Fall Meeting Scheduling

Company nam USA Swimming, Inc.

Report to the Eastern Zone

Report name: General Ledger report

Sunday, May 5, 2024

Start Date:

9/1/2023

End Date:

4/30/2024

Location:

SWIMMING-USA

Swimming, Inc.

Posted_dt_ Do	c,dt.	)oc	Memo/Description	Vendor name	Debit	Ćredit	Balance
24013 - EASTERN	i ZONE (Bala	ence forward /	As of 09/01/2023)	kungapat tekningsi dalah kepada dipendah tenggar di kebada berati.	yan dagan bang bahari dang 11 tang 11	rane patrocestes.	51,210.10
9/28/2023 9/2	28/2023 1	.16161	MID921 MID ATLANTIC SWIM/EZ OW	MIDDLE ATLANTIC SWIMMING	5,000.00		46,210.10
10/28/2023 10/	/28/2023 1	.16588	TUR610 M TURNER/'23 WEB DOMAIN	TURNER, MARY	207.01		46,003.09
12/31/2023 12/	/31/2023		ZONE INTEREST 2023			69	46,072.09
4/30/2024 4/3	N		BIII - TURNER, MARY: WEBSITE FEES-NOV 2023	TURNER, MARY	77.63		45,994.46
4/30/2024 4/3	N	VEBSITE FEES- NOV,DEC 2023,JAN 2024	Bill - TURNER, MARY: WEBSITE FEES-DEC 2023	TURNER, MARY	77.63		45,916.83
4/30/2024 4/3		•	BIII - TURNER, MARY: WEBSITE FEES-JAN 2024	TURNER, MARY	77.63		45,839.20
Totals for 24013	- EASTERN 2	ZONE	2		5,439.90	69	45,839.20
Grand total					5,439.90	69	45,839.20

All debits were submitted and approved. There are no other known outstanding debts at this time.

Respectfully submitted,

Mary Fleckenstein

Eastern Zone Secretary/Treasurer



The mission of the Eastern Zone is to develop a unified organization designed to work in cooperation with the LSCs to support and promote the Eastern Zone Swimming Membership.

#### Zone Directors Council (ZDC)

The ZDC consists of the Coach, Non-Coach, and Athlete Directors of each of the four Zones. The Junior Athlete Representatives are also invited to participate. The ZDC meets monthly with a USA Swimming staff member, USA Swimming Board Liaison Kathleen Prindle, and other Council liaisons.

Much of the work from the ZDC in the past 8 months was to formalize the operating policy of the council while not losing the purpose of being a connector to the Zone LSC's. The ZDC has set 4 topical groups -1. Member Requirements 2. Swimmer Attrition 3. Zone/Sectional Meets & Operations 4. Communication Conduits.

**USA Swimming Board Meetings** 

ZDC

#### USA Swimming Annual Business Meeting (ABM)

The USA Swimming ABM will be held September 26 – 29, 2024 in Denver, CO.

April 23, 2024 was a legislative session to discuss the proposed legislation for the 2024 HOD during ABM in September. Copies of the proposed legislation are available on the <u>USA-S Rules</u> & Policies webpage.

The ABM tracks are planned for LSC General Chair, LSC Officials Chair, LSC DEI Chair, LSC Coach Rep, and LSC Athlete Reps to Board.

Respectfully submitted by,

Jerry Adams Coach Director Jamie Platt Non-Coach Director

## Eastern Zone Technical Committee Meeting Agenda Sunday May 5<sup>th</sup> 9:00am

Call To Order:

Roll Call:

#### Agenda:

#### **Old Business:**

- 1) SCY Meet Sectionals and Zones
- 2) LCM Meet Sectionals
- 3) Update on Zones from Task Force or Age Group

#### **New Business:**

- 1) Review of Meet Structures
- 2) Review of Meets (are they fitting the zone needs)
- 3) Bonus Events
- 4) Anything from the floor

Adjournment



## Eastern Zone Athlete Report Submitted by Gavin Formon and TJ Walsh

#### 2024 Athlete Summit

We are excited to be hosting the 2024 Eastern Zone Athlete Summit at Bryn Mawr College, Bryn Mawr, Pennsylvania from June 20th-23rd. This will be a great opportunity to provide workshops and programming in place of the USA Swimming Workshop which has been combined into a single event in the fall. Information on this event has disseminated to General Chairs and Athlete Representatives across the Eastern Zone. It is important to note we are looking for 3 athletes (preferably elected representatives) and 1 non athlete chaperone per LSC. Please coordinate as an LSC who will be attending and once these names are ready, there is a signup form to use that has been sent out. As more specific details become available as we finalize small contract details, we will send those out. We look forward to seeing all LSCs in attendance and as always, send us any questions if you have any.

#### **Fall Election Updates**

Gavin Formon, EZ Athlete Director, will be terming out and TJ Walsh will be finishing his tenure as Junior Representative and plans to run for the EZ Athlete Director position. We look forward to seeing what candidates come forward and will try to work with them to make sure that they are prepared to become a future Zone Athlete Representative. Gavin Formon will serve in an Ex-Officio capacity for one year to provide any guidance or advice if needed. We look forward to the election!

#### **Closing Thoughts**

We are looking forward to hosting the athlete summit this summer and continuing to assist our LSC athlete representatives with initiatives in their LSC. As always, it is an honor to serve in this capacity and we will continue to check in with our LSCs and provide our advice in any way possible!

If you have any questions, please feel free to ask during the Eastern Zone General Meeting or do not hesitate to contact us at:

ezathletereps@gmail.com gavinformon@gmail.com tiwalsh132@gmail.com





The mission of the Eastern Zone is to develop a unified organization designed to work in cooperation with the LSCs to support and promote the Eastern Zone Swimming Membership.

#### **R9** Benefits

The number of certified officials in the EZ has risen with the implementation of R9. In addition, there is an uptick of officials getting certified in additional positions now that R9 has made it equal for all officials to move through the different positions on deck. R9 has also opened up the list of possible officials to serve in assigned positions for our Sectionals and Zones meets.

#### Spring Sectionals and Zones

We had a good showing of officials at all the Sectionals meets and the AG Zones meet. People in Buffalo, in particular, commented on the number of officials who were around the deck. I would like to acknowledge the NE officials who stepped up for the Providence Sectionals meet. When word got out about the long timelines, local officials stepped up to support the meet. The Christiansburg Sectionals meet was well staffed. Splitting out the genders at the Zones meet just prior to the meet start date caused a little bit of concern initially, but the officials showed up and the meet was well staffed.

We are expecting a good turnout of officials at the Super Sectionals meet in a few weeks.

Officials are being lined up for the Summer Zones meets. We already have a meet ref lined up for the AG meet and I have feelers out for the Senior meet.

Genny Kimbel
Eastern Zone Officials Coordinator

## Eastern Zone Financial Statement/ 2024-2025 Budget Proposal

## Balance as of 9/20/2023: \$51,210.10

REVENUE	100 T T T T T T T T T T T T T T T T T T	2024-2025 Budget Proposal
1000	Zone Dues	\$0
1100	Other Income	
	Bank Interest	\$50
	Refunds	
TOTAL INCOM	ΛE	\$50

## **EXPENSES**

1200	Administrative Expenses			
	Awards	\$0		
	Charitable Contributions/Donations/Special Awards	\$250		
	Website	\$0		
	Total Administrative Expenses	\$250		
1300	Athlete Support	01110795		
	Athlete Leadership Camp	\$12,000		
	Subsidize Eastern Zone Spring Meeting			
	Total 1200 Athlete Support	\$12,000		
1400	Diversity and Inclusion			
	Multicultural Camps (biennially)			
	Diversity and Inclusion Camp (biennially)			
	Total Diversity and Inclusion Programs	\$0		
1500	Open Water			
	Open Water Circuit (2 @ \$2000 each)			
	Open Water Championship Meet ( 2023 meet support	\$5,000		
	paid pd in 2/2023)			
232	Total Open Water	\$5,000		
1600	Safe Sport			
	Grant program - submit requests for zone related			
	programs EZ grant committee			
	Total Safe Sport Programs	\$0		
1700	Travel			
	Zone Director Meetings - Travel / Lodging	\$3,000		
	Spring Meeting Travel*			
	Travel	\$3,000		

TOTAL EXPENSES:	\$20,250
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NET INCOME/LOSS (\$20,200)

BALANCE AS OF 4/30/2024: \$45,839.20

# Eastern Zone Financial Statement 2023-2024 to Date

		2023-2024	2023-202
		Budget	To Date
1200	Administrative Expenses		ļ
	1210 Awards	\$0	
	1220 Charitable Contributions/Donations/Special Awards	\$1,000	
	1230 Other (Website, Reim. of BOR filing fee)	\$235	\$440
	Total 1200 Administrative Expens	es \$1,200	\$440
1300	Athlete Support		
	Athlete Leadership Summit	\$12,000	
	1310 Subsidize Eastern Zone Spring Meeting - Travel and Lodging (per LSC)	\$0	
	Total 1200 Athlete Suppo	rt \$12,000	
1400	Diversity and inclusion		
	1410 Program Support for LSC's - Multicultural Camps (biennially)		
1	1420 Diversity and Inclusion Camp (Eastern Zone Diversity Select Camp - biennia	lly \$10,000	
	Total 1400 Diversity and Inclusion Program	ns \$10,000	
1500	Open Water		
	1510 Open Water Circuit: 2@\$2000	\$4,000	
<u> </u>	Open Water Championship Meet	\$5,000	\$5,000
	Total 1500 Open Water	er \$9,000	\$5,000
1600	Safe Sport	<u> </u>	<del></del>
	1610 Grant program - submit requests for zone related programs EZ grant comm	itt \$3,000	· · · · · · · · · · · · · · · · · · ·
	Total 1600 Safe Sport Program		
1700	Zone Director Support		
<u></u>	1710 Zone Director Meetings - Travel and Lodging	\$0	
	Spring Meeting Travel*	\$8,000	
	Total 1700 Zone Director Suppo	rt \$8,000	

TOTAL EXPENSE	\$43,200	\$5,440
TOTAL INCOME		\$69
Net T		(\$5 371)

Balance in Account \$45,839

## Eastern Zone Financial Statement/ 2024-2025 Budget Proposal

Balance as of 9/20/2023: \$51,210.10

		2024-2025
REVENUE		Budget
		Proposal
1000	Zone Dues	\$17,700
1100	Other Income	
	Bank Interest	\$50
	Refunds	
TOTAL INCOME		\$17,750

# - Approved with added Zone dues

## **EXPENSES**

1200	Administrative Expenses		
1200	Awards	\$0	
	Charitable Contributions/Donations/Special Awards	\$250	
	Website	\$0	
	Total Administrative Expenses	\$250	
1300	Athlete Support		
	Athlete Leadership Camp	\$12,000	
	Subsidize Eastern Zone Spring Meeting		
	Total 1200 Athlete Support	\$12,000	
1400	Diversity and Inclusion		
	Multicultural Camps (biennially)		
	Diversity and Inclusion Camp (biennially)		
	Total Diversity and Inclusion Programs	\$0	
1500	Open Water		
	Open Water Circuit (2 @ \$2000 each)		
	Open Water Championship Meet ( 2023 meet support	\$5,000	
	paid pd in 2/2023)		
	Total Open Water	\$5,000	
1600	Safe Sport		
	Grant program - submit requests for zone related		
	programs EZ grant committee		
	Total Safe Sport Programs	\$0	
1700	Travel		
	Zone Director Meetings - Travel / Lodging	\$3,000	
	Spring Meeting Travel*		
	Travel	\$3,000	

TOTAL EXPENSES:	\$20,250

NET INCOME/LOSS

(\$2,500)

BALANCE AS OF 4/30/2024: \$45,839.20

### 2024 EASTERN ZONE SC AGE GROUP CHAMPIONSHIPS March 27 - 30, 2024

Hosted by the Fairport Area Swim Team (FAST)

204



#### BY THE NUMBERS

Clubs:

886 Athletes: Splashes: 3.890 Relays: 175 Coaches: 250

LSCs: Every LSC was represented in the meet!

#### MEET DIRECTORS' PERSPECTIVE

This was the largest Age Group Zone meet that FAST has run since changing it to the club representation model in 2018. We want to thank our outstanding lead officiating team, David Travers, JoAnn Faucett, Patrick Johnston, and Jack Neill, for running a tight ship, keeping us on time & organized throughout the whole meet.

Due to facility capacity concerns, we were again required to split the preliminary 11-14 sessions by gender to comply with the fire code. For next year's meet, we're considering keeping the sessions split from the get-go, allowing coaches and their families to plan accordingly.

Overall, it was a great success, and FAST looks forward to hosting it again next year!

Respectfully submitted, Marci Callan & Nicholas Weiner Co-Meet Directors

P.S. Tupperware isn't allowed in the hospitality room!



#### FEEDBACK FROM COACHES AND OFFICIALS

Marci.

All of that back to you, Nicholas and all of your meet team. Patrick and I always try to enjoy ourselves at a meet and that was easy with FAST as the meet host.

Thanks

Dave

Thank you for hosting/running another awesome Zone meet. Everything seemed to run flawlessly and you surely do a great job of taking care of the coaches & swimmers. All of your hard work absolutely paid off. My swimmers and I truly enjoyed the weekend. Also everyone working at the meet was a pleasure to deal with as well. Please pass along my appreciation.

#### Thanks.

#### 2024 EASTERN ZONE SC AGE GROUP CHAMPIONSHIPS March 27 – 30, 2024 Hosted by the Fairport Area Swim Team (FAST)



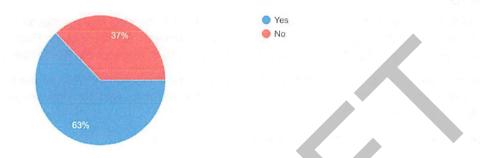
#### COACHES SURVEY RESULTS

A taskforce has been formed to gather data to support or discourage switching the format of the Short Course Age Group meet back to the All Stars format, keep it as the club representation model, or a hybrid solution.

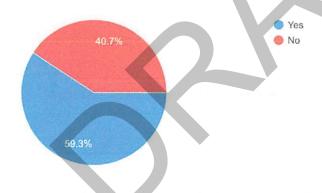
Below is the feedback from the coaches that attended the meet regarding these possible switches:

Currently the Age Group Short Course meet is an open format for teams to enter as a team. Do you like this model?

27 responses

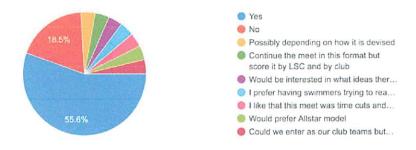


Would you be interested in going back to a LSC representation model (All Stars)? 27 responses



Would you be interested in us exploring a hybrid model? Including LSC representation and/or individual team representation? Suggestions?

27 responses



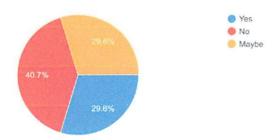
## 2024 EASTERN ZONE SC AGE GROUP CHAMPIONSHIPS March 27 - 30, 2024



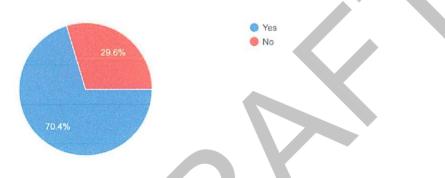


Do you think we would have the same number of swimmers if we reverted back to an LSC vs LSC model?

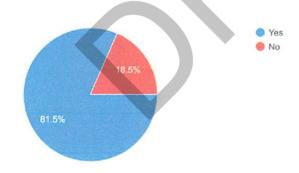
27 responses



Would you encourage or discourage your swimmers to attend if it was an LSC model? 27 responses



Would you send your swimmers if you were not one of the coaches on deck? 27 responses



## May 5,2024 Eastern Zone Meeting Attendance

First Name	Last Name	LSC
John	Fedena	EZ AG Chair
Gavin	Formon	EZ Athlete Director
Jerry	adams	EZ Director
Jamie	Platt	EZ Director
TJ	Walsh	EZ Jr Athlete Director
Mary	Fleckenstein	EZ Sect/Treas
Peter	Barry	EZ Tech Pplanning
Marco	Greico	AD
Adam	Hershberg	AD
Mac	Clark	AM
Todd	Sterlitz	AM
Henk	Jansen	СТ
Dylan	Lee	СТ
Rick	Lewis	СТ
Greg	Pinchbeck	СТ
Kathryn	Scheuer	MA
Mike	Seip	MA
Paige	Lalla	MD - athlete
Jeff	Scrivener	MD
Lylah	Wagstaff	ME
Jim	Willis	ME
Jeff	Chu	MR
Monique	Grayson	MR
Jonah	Montgomery	MR
David	Rodriguez	MR
John	Yearwood	MR
Elizabeth	Antenucci	NE
Noa	Chambers	NE
Jenelle	Dolan	NE
Ken	Galica	NE
Carol	Healey	NE
G.Nadine	Johnson-Jesione	NE
Emma	Main	NE
Susan	Pascale-Frechet	NE
Betsy	Russell	NE
Moriah	Tyrrell	NE
Marci	Callan	Ni
Dj	Johnson	NI
Michael	Switalski	NI
Will	Chidsey	NI
Nicholas	Weiner	NI-athlete
Nicole	Cicalo-DeCaro	NJ
Stephanie	Crofton	NJ
Sandra	Franc	NJ

First Name	Last Name	LSC
Bryce	Bohman	PV
Trish	Buswell	PV
Erik	Collins	PV
Harper	Freeman	PV
Elizabeth	Jester	PV
Cherlynn	Venit	PV
Emily	Fagan	VA
Genny	Kimbel	VA
Charlie	Mayr	VA
Piper	Price	VA
John	Stanley	VA
Mary	Turner	VA
Nate	Chessey	USA Swimming

#### USA Swimming's Eastern Zone 2024 Spring Meetings

Jamie Platt < Platt@maswim.org>

Mon 4/29/2024 1:32 PM

To:Jerry Adams <jerry@schenectadyswimclub.org>
Cc:Beth Winkowski <bwinkowski@usaswimming.org>;nchessey@usaswimming.org <nchessey@usaswimming.org>

1 attachments (38 KB)

2024 Spring Meeting Agenda.docx;



Eastern Zone General Chairs, Officers & LSC Offices,

The Eastern Zone 2024 Spring Meetings are scheduled for this Sunday, May 5<sup>th</sup>.

The Technical Committee will meet at 9am. The full Zone Meeting will be at NOON. To better manage tracking attendees, registration for the meetings will be required.

Technical Committee – registration <u>here</u>
Zone Meeting – registration <u>here</u>

An agenda is attached to this email. If you would like to add items to the agenda, please reply to this email by 5pm on Friday, May 3<sup>rd</sup>.

The primary decision items on the agenda will be (1) approving the budget and (2) nominations for the Fall meeting - Zone Director (Jerry has reached term-limit), Technical Planning Chair, Secretary/Treasurer and the Zone Athlete Director (Gavin has reached term-limit) and Junior Athlete Director.

<u>Please note, this email was sent only to Eastern Zone Officers, Eastern Zone General Chairs and Eastern Zone LSC Staff. If you need to share this email with others in your LSC, please do so accordingly.</u>

Thanks,

Jamie Platt Eastern Zone, Non-Coach Director



# JAMIE PLATT Executive Director

482 Nerristown Read Suite 110 Blue Bell, PA 19422 484-246-9595 Office 215-313-1715 Cell www.MASwim.org











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