

ATTACHMENT N

Eastern Zone Speedo Championship Series – Long Course Records – May 2024

Yr	Name	Time	Team-LSC	Event	Name	Time	LSC	Yr
5/19/24	Annaliesa Moesch	25.15	GSCY-NJ	50 m. free	Drew Modrov	22.76	SWMN-MR	4/2/16
5/16/24	Annaliesa Moesch	54.61	GSCY-NJ	100 m. free	Daniel Diehl	49.71	CUY-MD	3/27/22
5/19/23	Erin Gemmell	1:57.11	NCAP-PV	200 m. free	Mitchell Schott	1:48.71	PRIN-NJ	5/17/24
3/15/08	Kate Ziegler	4:04.86	FISH-PV	400 m. free	John Cole	3:57.96	BOSS-NE	3/13/04
3/16/08	Kate Ziegler	8:28.04	FISH-PV	800 m. free	Tobias Work	8:10.50	CCSC-NE	7/21/05
3/13/08	Kate Ziegler	16:13.54	FISH-PV	1500 m. free	Tom Koucheravy	15:30.85	UN-PV	3/16/08
5/20/23	Leah Shackley	59.55	BRY-AM	100 m. back	Daniel Diehl	53.59	CUY-MD	3/26/22
5/21/23	Leah Shackley	2:08.42	BRY-AM	200 m. back	Connor Green	2:00.44	ABF-NE	3/30/14
7/26/02	Masami Tanaka	1:08.90	CUBU-PV	100 m. breast	Brendan McHugh	1:01.06	GPAC-MA	7/17/15
7/27/02	Masami Tanaka	2:27.06	CUBU-PV	200 m. breast	Lleyton Arnold	2:14.47	NCAP-PV	5/19/24
5/19/23	Leah Shackley	58.22	BRY-AM	100 m. fly	Thomas Heilman	52.55	CA-Y-VA	5/19/23
5/20/23	Leah Shackley	2:12.41	BRY-AM	200 m. fly	Thomas Heilman	1:57.49	CA-Y-VA	5/18/24
5/16/24	Emily Thompson	2:14.94	GSCY-NJ	200 m. I. M.	Mitchell Schott	2:00.95	PRIN-NJ	5/16/24
4/1/16	Makayla Sargent	4:46.43	VSC-NI	400 m. I. M.	Pat Mellors	4:16.83	JCC-AM	3/14/08

RELAY RECORDS

3/29/15	Univ. Pittsburgh Melissa Pocsai, Jennifer Young, Mary Blocher, Danyel Johnson	1:46.10	U. PITT-AM	200 m. free Relay	US Naval Academy Simon Thompson, Everet Andrew, Patrick Colwell, Garrett McGovern	1:32.26	NAVY-MD	5/16/24
5/19/21	Nation's Capital Delaney Bookstein, Allison Witdoeck, Erin Gemmell, Camille Spink	3:49.81	NCAP-PV	400 m. free Relay	US Naval Academy Benjamin Stankovich, Simon Thompson, Kellen Pattison, Gerrett McGovern	3:26.10	NAVY-MD	5/17/24
3/26/12	North Baltimore Danielle Potis, Willa Wang, Korbyn Simpson, Cierra Runge	8:25.21	NBAC-MD	800 m. free Relay	Cavalier Aquatics- Piedmont Family Y Thomas Heilman, William Browne, William Charlton, David King	7:40.08	CA-Y-VA	5/20/23
3/28/15	Univ. Pittsburgh Blair Wegescheider, Kinga Cichowska, Lelli Leticia, Emily Murphy	1:57.58	U. PITT – AM	200 m. med. Relay	US Naval Academy Benjamin Erwin, Michael Phillips, Patrick Colwell, Simon Thompson	1:42.44	NAVY-MD	5/16/24
5/21/23	Nation's Capital Camille Spink, Eleanor Sun, Carly Lahr, Erin Gemmell	4:16.99	NCAP-PV	400 m. med. Relay	US Naval Academy Benjamin Irwin, Michael Phillips, Patrick Colwell, Benjamin Stankovich	3:43.86	NAVY-MD	5/19/24